

## Leicestershire Disability Athletics Development Group



### We are privileged to host our 15<sup>th</sup> Disability Athletics Track and Field competition

Incorporating the

2023 East Midlands 10th Regional Disability Athletics Championship

2023 Leicestershire & Rutland Disability Athletics Championship

Held under UKA/WA/IPC Competition Rules - UKA Permit 23/242

2023 Leicestershire & Rutland Inspire Athletics Festival

Thursday 11th May 2023, 9.30 am - 3pm (approx.)

\* Saffron Lane Athletics Stadium, Leicester LE2 7NQ \*

Closing date for entries is 10.00 on Thursday 27<sup>th</sup> April 2023

#### EVENTS OFFERED for athletes aged 11 - Adults

**Championship Track (with Electronic Timing):** 100m for all, 200m (Ambulant, Framerunner and Racing chair users only); 400m (Framerunner and Racing chair users only); 800m (Ambulant only).

**Championship Field (limited for safety reasons):** Long Jump; Javelin (Turbo or IPC)

**Champs and Festival:** Slalom (110m) for Manual and Powerchair users

**Festival:** 60m (Ambulant/frame users); 75m (day chair users); 300m jog (ambulant); Standing Long Jump (Ambulant); Turbo Javelin (Seated or Standing); Height Bean Bag (powerchair or manual day chair)

**Athletes can choose up to FOUR events (covered by entry fee) on entry form.**

**Entry fees MUST be paid prior to the event!**

**(Athletes aged 7-11 years enter a separate competition on Friday 16th June).**

FURTHER DETAILS AND ENTRY FORM FROM [cheriedsilva41@gmail.com](mailto:cheriedsilva41@gmail.com)

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