ACTIVE RUTLAND WALKING & CYCLING FESTIVAL

20TH MAY -2ND JUNE 2023 01572 720936 activerutland@ rutland.gov.uK

Book your place on: www.activerutland.org.uk/ walkingandcyclingfestival



Festival WeeK 1 20th - 25th May

Rutland Round Saturday 20th - Thursday 25th May

The Rutland Round is a 65-mile circular route around the perimeter of the county, with its start and finish in Oakham and a couple of detours to visit Rutland Water. The 65-mile led walk will be split into six days starting on Saturday 20th May and finishing on Thursday 25th May. You can book to walk as many sections as you like or why not take on the challenge of the full Rutland Round.

Saturday 20th May

Oakham to Wardley 9.5 miles Sunday 21st May Wardley to Seaton 12⁵ miles Monday 22nd May Seaton to Geeston 10.5 miles **Tuesday 23rd May** Geeston to Tickencote 10 miles Wednesday 24th May Tickencote to Thistleton 12 miles Thursday 25th May Thistleton to Oakham 11 miles





Festival WeeK 2 26th May - 2nd June

Friday 26th May 11am Oakham Guided Tour

Join us for a guided tour of Oakham, starting from Rutland County Museum and finishing at Oakham Castle. A journey around the town with some of its history, the buildings, characters that lived there, architecture and quirky stories ______about the town.

Cost: £7.50 Distance: 2 miles Meeting Point: Rutland County Museum, Oakham, LE15 6HW

Sunday 28th May 9am The Cyclists of Stamford Club Ride

Take part in a dedicated 18-mile bike ride around Rutland with a half way coffee stop in Uppingham along the way. Starting and finishing at Rutland Water Normanton Car Park. Bring your own bike or hire one through Specialized. Tandem rides available for visually impaired riders and opportunities to join other group rides.

Distance: 18 miles

Meeting Point: Rutland Water Normanton Car Park, Edith Weston, LE15 8HD

Tuesday 30th May 10am Oakham Canal Walk

Join us for a 5-mile loop of the canal from the centre of Oakham and learn all about the fascinating history and future of this beautiful waterway along the way. Suitable for ages 5 and up, 8person limit and unsuitable for pushchairs, wheelchairs, and dogs. Free to attend however donations are welcome to the Oakham Canal Green Corridor Project on the day. Distance: 5 miles

Meeting Point: Church Street Car Park, Oakham, LE15 6AA

Festival WeeK 2 26th May - 2nd June

Wednesday 31st May 10 - 11.30am Get Active on the Go

Looking to build active travel into your daily living, nervous about trying it or not sure where to start? Come along to our informal drop in and have a chat with us.

- Top tips on how to get started.
- Meet other likeminded people.
- Confidence building sessions.
- Benefits of making every day journeys more active.

Meeting Point: Outside Rutland County Council, Oakham, LE15 6HP

Thursday 1st June 10am Launde Abbey Walk

Come along for a 4-mile loop around the countryside and rolling hills of Launde Abbey. Learn about some of the places we pass through along the way. Suitable for ages 5 and up, dogs are welcome, unsuitable for pushchairs and wheelchairs. Distance: 4 miles

Meeting Point: Launde Abbey, East Norton, LE7 9XB

Please note all activities are free unless otherwise stated.

