

# YOUR QUICK GUIDE TO WHAT'S ON

Walk	Date and time	Location
Open Streets: Suffragettes	Sunday 28 April, 12.45pm – 4pm	New Market Square
Imperial Typewriters factory strike: a guided walk	Wednesday 1 May, 2pm – 3.30pm	Meet at the café in Spinney Hill Park
Outdoor gym demonstration with warm up walk: Humberstone Park	Wednesday 1 May, 6pm – 6.45pm	Meet at the outdoor gym at Humberstone Park
Explore Evington	Saturday 4 May, 2pm – 4pm	Meet at St Denys Church, Evington
Star Wars quiz trail	Saturday 4, Sunday 5 and Monday 6 May, 11am – 2pm	Braunstone Park, Gooding Avenue entrance
Discover Leicester's History	Wednesday 8 May, 12.30pm – 1.30pm	Meet at Jubilee Square
Walk on the Wild Side: Ellis Meadows	Thursday 9 May, 10am - 11:30 am	Meet at Abbey Pumping Station
Outdoor gym demonstration with warm up walk: Victoria Park	Thursday 9 May, 5.30pm – 6.20pm	Meet at the outdoor gym at Victoria Park
A walk to REMEMBER	Saturday 11 May, 1.30pm – 3pm	Meet at All Saints' Church, Highcross Street
Leicester City Football Club: Foxes Walk	Tuesday 14 May, 7pm – 8.30pm	Meet at the Fan Store at King Power Stadium
Wake Up and Smell the Coffee!	Thursday 16 May, 12.30pm – 1.30pm	Meet at the Thomas Cook statue, near Leicester Railway Station
Walking Sports Festival	Friday 17 May, 10.30am – 12pm	The Morningside Arena, Charter Street
Roman Trail	Saturday 18 May, 2pm – 4pm	Meet at St Nicholas Church
Discover Leicester's Culture	Monday 20 May, 12.30pm – 1.30pm	Meet at Town Hall Square
Happy Shoes Day	Tuesday 21 May, all day	-
Open Streets: Arts and Crafts	Sunday 26 May, 12.45pm – 4pm	New Market Square
Funky Feet and Wacky Wheels	Wednesday 29 May, 11am – 1pm	Meet at The Oval, Abbey Park
From Belgrave Road to the Golden Mile	Thursday 30 May, 7pm – 8pm	Meet at the statue of Mahatma Gandhi, corner of Belgrave Road and Donaldson Road
DMU's Medieval and Modern Campus	Friday 31 May, 11am – 12pm Medieval Tour and 1 – 2pm Modern Tour	Meet outside Leicester Castle for the Medieval Tour and the Campus Centre for the Modern Tour

All walks are free and pre-booking may be required on Eventbrite (search for Leicester City Council). For more details on these events and more please visit [choosehowyoumove.co.uk/walkleicester](http://choosehowyoumove.co.uk/walkleicester) or call 0116 373 7589.

To keep up to date with our latest news and sign up to our monthly Walk Leicester newsletter visit our website.

[choosehowyoumove.co.uk/walkleicester](http://choosehowyoumove.co.uk/walkleicester)

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**WALK LEICESTER**



**Walking Sports Festival**  
Friday 17 May 2019, 10.30am – 12pm  
The Morningside Arena, Charter Street  
If you are over 50 years of age and interested in finding out more about healthy lifestyles and getting involved in gentle physical activity, why not come along and have a go at walking basketball, cricket and football.

These sessions are ran by Leicester's professional sports clubs who will be able to provide information on how you can get involved regularly.

Just turn up and give it a go! For more information please contact Sunny Rohit at The Centre for BME Health, email [sunny.rohit@leicester.ac.uk](mailto:sunny.rohit@leicester.ac.uk) or call 0116 258 8964.

Suitable for over 50s



**From Belgrave Road to the Golden Mile**  
Thursday 30 May, 7pm – 8pm

Meet at the statue of Mahatma Gandhi  
Learn about Belgrave's industrial past and how migration brought a new lease of life to the area in the 1970s. Meet at the statue of Mahatma Gandhi on the corner of Belgrave Road and Donaldson Road. Booking is essential. Please visit Eventbrite or call 0116 373 7589.

**DMU's Medieval and Modern Campus**  
Friday 31 May, 11am–12 pm Medieval Tour and 1-2 pm Modern Tour

Meet outside Leicester Castle for the Medieval Tour and the Campus Centre for the Modern Tour  
De Montfort University and its campus sit at the heart of Leicester, in an area that is steeped in history. On these tours, gain an insight into the city from its medieval origins to its manufacturing heyday. Booking is essential, visit Eventbrite or call 0116 373 7589.



# WHAT'S ON

## Walk Leicester Festival 2019

28 April - 31 May



There are a variety of walks taking place across the city to enjoy.

Heritage, art, green spaces, wildlife and outdoor gym demonstrations.

Group walks and self-guided quiz trails.

Walks that are leisurely, moderate and more challenging.

Morning, lunchtime, afternoon, midweek and weekend walks.

Walks for everyone to enjoy



Enter our free weekly prize draw on the BetterPoints app to win points that can be exchanged for high street vouchers. To find out more please visit [choosehowyoumove.co.uk/walkleicester](http://choosehowyoumove.co.uk/walkleicester).





## You're spoilt for choice when it comes to exploring the city's great outdoors on foot!

### Open Streets: Suffragettes

**Sunday 28 April, 12.45pm - 4pm**

#### New Market Square

Join us for two walks! Learn about the history of the Greyfriars area and its recent regeneration at 1pm, and visit places associated with some of Leicester's remarkable Suffragettes at 3pm. Join in with the other Suffragette themed activities, suitable for all ages, in New Market Square from 1-4pm.

Booking is essential. Meet in New Market Square at 12.45pm to book a place on each walk.

### Imperial Typewriters factory strike

**Wednesday 1 May, 2pm - 3.30pm**

#### Meet at the café in Spinney Hill Park

On its 45th anniversary, discover why 500 South Asian workers at the Imperial Typewriters factory went on strike.

Booking is essential. Please visit Eventbrite or call 0116 373 7589.

### Outdoor gym demonstration with

**warm up walk: Humberstone Park**

**Wednesday 1 May, 6pm - 6.45pm**

#### Meet at the Outdoor Gym at

#### Humberstone Park

Warm up with a walk around Humberstone Park before having a go on the outdoor gym equipment on the park. A fitness instructor will demonstrate how to use the machines that will get you moving and feeling great!

Booking is essential. Please visit Eventbrite or call 0116 373 7589.

### Explore Evington

**Saturday 4 May, 2pm - 4pm**

#### Meet at St Denys Church, Evington

An ancient church, a famous author and an organ played by Prince Albert are just some of the many things you will hear about on this walk through Evington.

Booking is essential. Please visit Eventbrite or call 0116 373 7589.

### Star Wars quiz trail

**Saturday 4, Sunday 5 and Monday 6 May, 11am - 2pm**

#### Braunstone Park

Celebrate Star Wars Day by following our family friendly quiz trail around Braunstone Park. Collect a quiz sheet from the Gooding Avenue entrance (close to Blessed Sacrament Church) and give it a go!

### Discover Leicester's History

**Wednesday 8 May, 12.30pm - 1.30pm**

#### Meet at Jubilee Square

Discover some of Leicester's greatest historic legacies in and around the city centre.

Booking is essential. Please visit Eventbrite or call 0116 373 7589.

### Outdoor gym demonstration with warm up

**walk: Victoria Park**

**Thursday 9 May, 5.30pm - 6.20pm**

#### Meet at the outdoor gym at Victoria Park

Warm up with a walk around Victoria Park before having a go on the outdoor gym equipment on the park. A fitness instructor will demonstrate how to use the machines that will get you moving and feeling great!

Booking is essential. Please visit Eventbrite or call 0116 373 7589.

### Walk on the Wild Side: Ellis Meadows

**Thursday 9 May, 10am - 11.30am**

#### Meet at Abbey Pumping Station

Walk around Ellis Meadows with a local wildlife expert and learn about the nature that lives there.

Booking is essential. Please visit Eventbrite or call 0116 373 7589.



### A walk to REMEMBER

**Saturday 11 May, 1.30pm - 3pm**

#### Meet at All Saints' Church, High Cross Street

Visit a selection of Leicester's forgotten war memorials and listen to stories of how they have been saved from fire and preserved from loss. The walk will conclude at All Saints' Church where you are very welcome to view the memorials inside and enjoy refreshments.

Booking is essential. Please visit Eventbrite or call 0116 373 7589.

### Leicester City Football Club: Foxes Walk

**Tuesday 14 May, 7pm - 8.30pm**

#### Meet at the Fan Store at King Power Stadium

Join a special EuroFIT walking session with fellow football fans around King Power Stadium and to the site of the former ground on Filbert Street.

Booking is essential. Email [trust@lcfc.co.uk](mailto:trust@lcfc.co.uk) quoting Foxes Walk or call 0116 373 7589.

### Wake Up and Smell the Coffee!

**Thursday 16 May, 12.30pm - 1.30pm**

#### Meet at the Thomas Cook statue, near Leicester Railway Station

Find out how Thomas Cook was involved in founding Leicester's first chain of coffee shops as a non-alcoholic alternative to Ale Houses.

This walk traces some of the teetotal and tourism influence that Cook had on Leicester and finishes with a free drink at the Leicester Coffee House Company on Granby Street. Booking is essential. Please visit Eventbrite or call 0116 373 7589.

### Roman Trail

**Saturday 18 May, 2pm - 4pm**

#### Meet at St Nicholas Church

Stroll around the streets of Roman Leicester with a local guide and discover Roman sites and key buildings that were once lost but are now found.

Booking is essential. Please visit Eventbrite or call 0116 373 7589.



### Discover Leicester's Culture

**Monday 20 May, 12.30pm - 1.30pm**

#### Meet at Town Hall Square

Learn about some of Leicester's cultural landmarks and discover what is unique about the city.

Booking is essential. Please visit Eventbrite or call 0116 373 7589.

### Happy Shoes Day

**Tuesday 21 May, all day**

Join thousands of school children around the country wearing their happy shoes.

Sign up at [www.livingstreets.org.uk/happyshoesday](http://www.livingstreets.org.uk/happyshoesday).

### Open Streets: Arts and Crafts

**Sunday 26 May, 12.45pm - 4pm**

#### New Market Square

Join us for two walks! Learn about the recent regeneration of the Greyfriars Conservation

Area at 1pm, and at 3pm visit places associated with Leicester's arts and crafts movement - a design trend from the late 19th century which emphasised traditional craftsmanship. Join in with the other arts and crafts themed activities, suitable for all ages, in New Market Square between 1pm - 4pm.

Booking is essential. Meet in New Market Square at 12.45pm to book a place on each walk.

### Funky Feet and Wacky Wheels

**Wednesday 29 May, 11am - 1pm**

#### Meet at The Oval, Abbey Park

A fun free event for all the family! Come decorate your shoes, scooters or bikes and join us on a parade of the park. Just turn up with a grown-up and give it a go!