



Who are

ADHD Solutions?



Mission Statement

- 'To improve the life chances of people with Attention Deficit Hyperactivity Disorder (ADHD), by delivering a quality service that supports and empowers children, young people, adults and their families to take control of their situation, develop strategies for use at home, school and the work place. Identifying critical times and preventing crisis occurring. Reduce the stigma of ADHD, social isolation and the risk of adverse outcomes, including anti-social behaviour, long term mental health problems, educational underachievement and school exclusions.'



Back to the beginning

1999 ADHD Support Group

- Worked with British Red Cross to survey parents and carers across LLR

2001 **BritishRedCross**

- Coaching model developed, to meet results of survey
- Christine Trained to Level 4 and delivers training with/for Dianne Zacco at London Coaching School





2006 British Red Cross Project ends - ADHD Solutions established

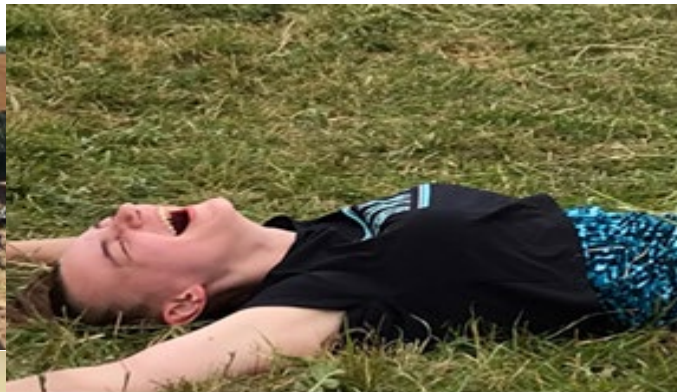
- Following holistic model of support for families, individuals and professionals. Developed by Christine at BRC funded by her redundancy



What is our purpose?

- Improve life chances of CYP and families
 - Improvement of quality of life and opportunities, reduce inequalities, home environment
- Support CYP and parents to meet their full potential
 - We have YP who are now at college university and in employment including diplomats teachers, doctors and solicitors
- Reduce family isolation
 - Increase social opportunities, friendships and confidence,
- Reduce parental conflict and separation
 - Knowledge, understanding and support
- Give CYP and families opportunities that most people take for granted
 - Fun, adventure, excitement and managed risk taking





Why do we do it this way?

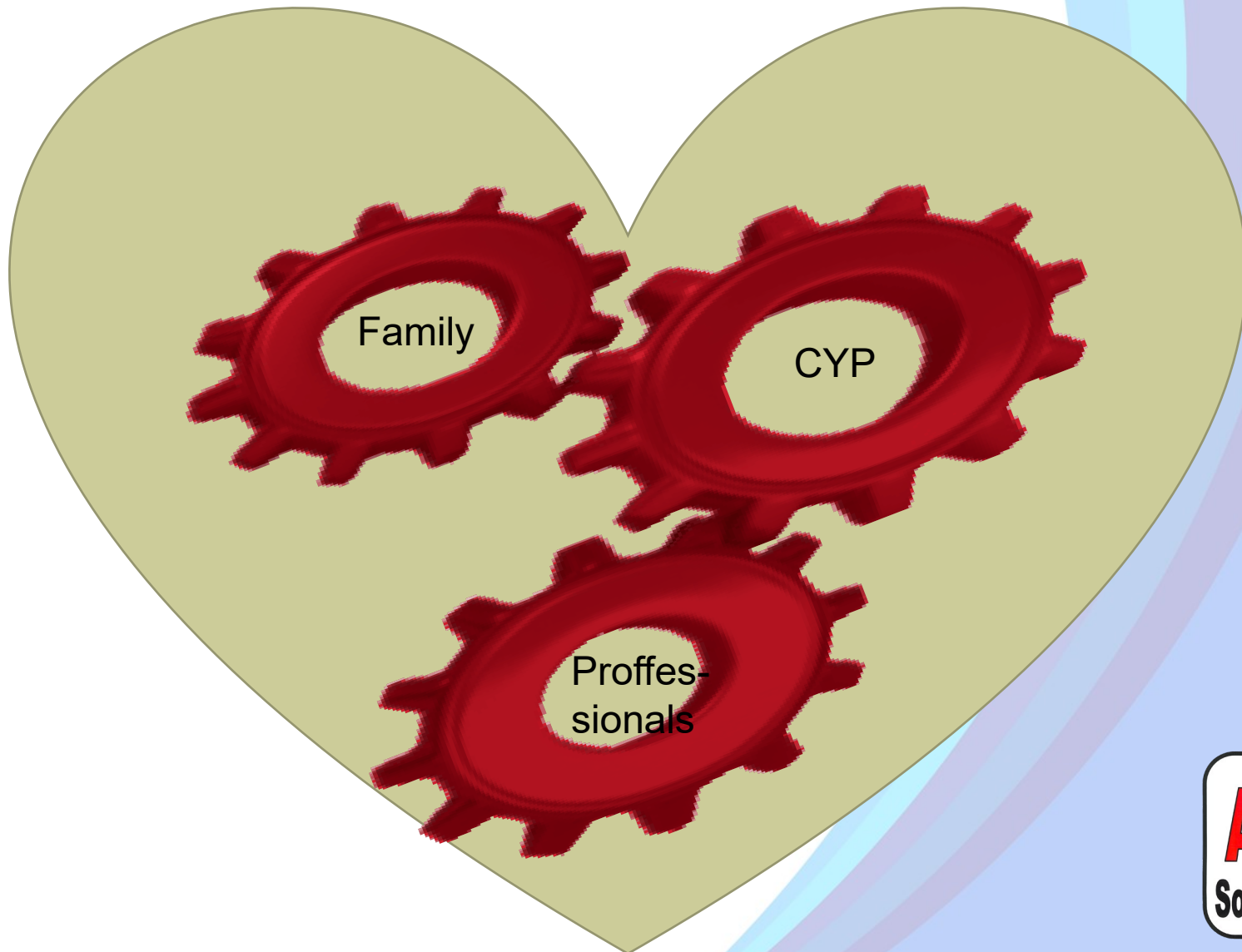
Not developed on a whim

- Backed by research
 - locally with parents and carers
 - Academically nationally and internationally
- We were trail blazers in the beginning
- Now what is recommended by NICE
- Has the best long term outcomes for CYP & Families

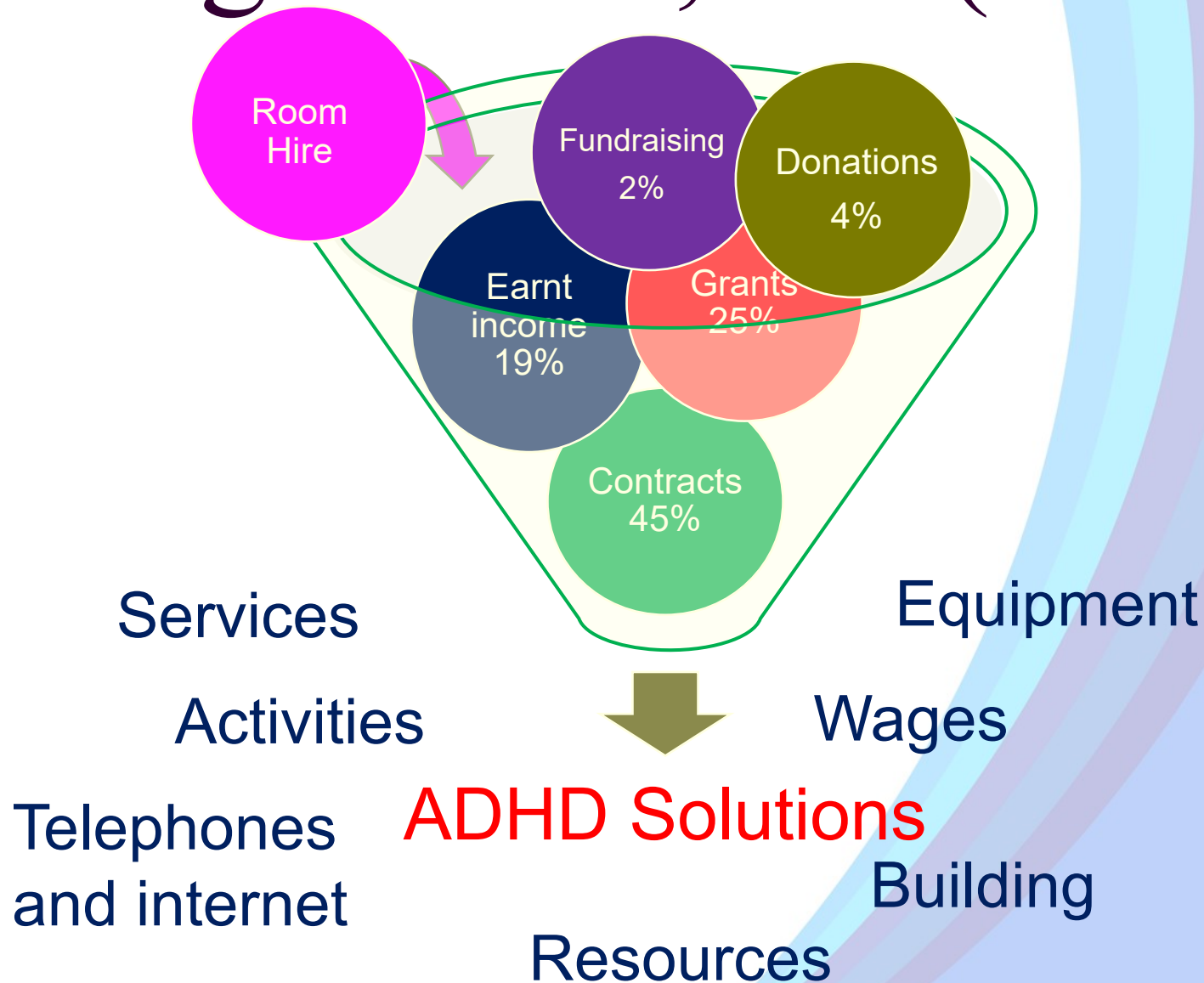
**BECAUSE IT'S WHAT CYP AND
FAMILIES NEED**



Holistic Intervention



Budget £242,608 (19-20)



Organisational Reputation

Locally, Nationally and Internationally

We have a hard earned, exceptional wide reaching reputation for providing a unique service giving holistic support to CYP, families and those that support them.

We are unique our services are a combination of those delivered by colleagues at the ADHD Foundation, ADDISS and ADHD Wise

This is why we are an integral part of a wide range of national and International research programs, ADHD Europe, APPG, NICE and intervention PPI groups

