

JOB DESCRIPTION

JOB TITLE:	SASP Jump Start Mentor
SALARY:	£19-21k pro rata
TERM:	Permanent
LOCATION:	County Wide (Specific focus on South Somerset & Mendip)
HOURS OF WORK:	Full time (37.5hrs) / part-time available (negotiable hours)
RESPONSIBLE FOR:	Supporting Young People as part of the Jump Start project
RESPONSIBLE TO:	Community Resilience Young People Lead

Main Purpose of the Job

The Jump Start Sports programme aims to work with young people aged 8 to 18 years through sport and physical activity who have had adverse childhood experiences (ACEs) through difficult family or school experiences and may be at risk of or involved with school exclusion, anti-social or criminal behaviour or need support due to other circumstances. The project will support young people to foster a more positive view of themselves, raise aspirations and provide safe, fun and purposeful environments for them to enjoy, make new friends and achieve on a personal level.

The project is twofold; the Jump Start Clubs programme which are targeted weekly diversionary club sessions for young people to attend and the Jump Start Mentor programme which offers a countywide 1:1 service to support young people to raise self-esteem and aspiration to make positive choices through joining specific sports clubs or other physically active community groups.

Key to the success of the project is employing mentors who have the ability to engage with young people, some who might be inactive and disengaged, many who do not access any regular clubs or activities. The mentor's role is to support them to grow their confidence and self-esteem as well as develop appropriate friendships through sports activities and through the mentoring, understand their worth and grow their aspiration. We need people who understand the impact of Adverse Childhood Experiences and are keen to develop their own skills and knowledge but also have a positive attitude to the potential of young people to grow and change into amazing adults through difficult times in their lives. Many of the young people lack positive relationships with females and female role models in their life.

Summary of Responsibilities and Key Duties of the Job

- To work with the Community Resilience Young People Lead, in the development and delivery of the project, including weekly 1:1 mentoring of young people plus targeted group activity delivery – encouraging young people to get involved in the activities; supporting positive behaviour change; acting as role models and forming positive and healthy relationships with individuals and groups.
- To work with the Community Resilience Young People Lead, to provide consultation and organise training within the local sports clubs and physically active community organisations to support young people's entry into them.

- To support the young people throughout the programme – to get involved, attend regularly, develop their skills and levels of confidence.
- To develop and deliver weekly targeted sports activities for young people in conjunction with the Project Lead.
- To work with individual sports clubs to support young people into general community sports clubs in sports of their choice.
- To gather informal feedback from young people through questions, videos and vlogs to help shape the project and for reporting to funders.
- To assist young people with transport and transport choices where necessary.
- To identify and support older participants who may be suitable as future volunteers and mentors.
- To maintain electronic and paper records, files, databases for collecting reporting, monitoring and evaluation data.
- To ensure events and activities take place in a safe way, ensuring risk assessments are in place and Health and Safety is attended to at all times.
- To promote all relevant initiatives by relevant agencies to encourage networking, communication, friendship, recovery, increased confidence and self-esteem of young people.
- To report all activities in regular feedback to the Project Manager and follow policies including confidentiality and safeguarding, reporting all risks to the project manager.
- To have good IT and social media skills.
- To be able to work flexible hours, which may sometimes include weekends and evenings in order to best support the Young People you are working with. This will occur on an ad hoc basis.
- To undertake training and development activities relevant to the post.
- Perform any other duties as reasonably required.
- To be able to work as part of a team.

General Information

All work performed/duties undertaken must be carried out in accordance with relevant SASP policies and procedures, within legislation, and with regard to the needs of our customers and the diverse community we serve. This Job Description will be reviewed annually.

Date: 12th January 2022

PERSON SPECIFICATION

SASP Jump Start Mentor	
JOB REQUIREMENTS	ESSENTIAL/ DESIRABLE
Qualifications	
1. Relevant child and youth work qualification	Desirable
2. A First Aid at Work Certificate	Desirable
Knowledge	
3. Knowledge of Childhood Trauma and ACES	Desirable
4. Understanding the benefits of sport and physical activity for young people	Essential
Skills and Abilities	
5. Excellent time management skills and the ability to plan and organise personal workloads	Essential
6. Excellent communication and inter-personal skills with the ability to motivate others	Essential
7. Ability to work on own initiative as well as in team	Essential
9. Commitment to personal and professional development	Essential
10. Able to work effectively with computer-based programmes such as Microsoft Excel and Word.	Essential
11. A commitment to equality and diversity in working practices, with the ability to embed this across all aspects of work	Essential
12. The ability to work with discretion and in confidence, respecting young person's privacy	Essential
Experience	
13. Experience either personally or professionally of the difficulties some young people face in their lives	Essential
14. Experience working with young people to support them in developing key life skills either personally or professionally	Essential
15. Experience of working with small groups of young people	Desirable
Work-related Personal Qualities	
16. Enthusiasm and the ability to motivate young people	Essential
17. An interest in sport, physical activity and wellbeing	Essential
18. Capability of being a positive role model for young people	Essential