



THE DAILY BOOST SCORECARD

Take part in a 5 minute 'Mini Boost' of activity and simply colour in one circle
Or take part in a 15 minute 'Boost' of activity and colour in all 3 circles

SCHOOL	Year	CLASS	NO. OF PUPILS		
			TOTAL	MALE	FEMALE



Congratulations your class has now completed their 250 minutes of Activity!

To get your **BOOST BANDS** email/scan your scorecard to:

a.bird@active-together.org



Delivered by



@DailyBoost_AT

www.dailyboost.org

LET'S GET MOVING