

Courage to be Curious (Conversations Across Race)

Aysha Rahman – Assistant Director, Customer and Communities, Melton Borough Council



active-together.org

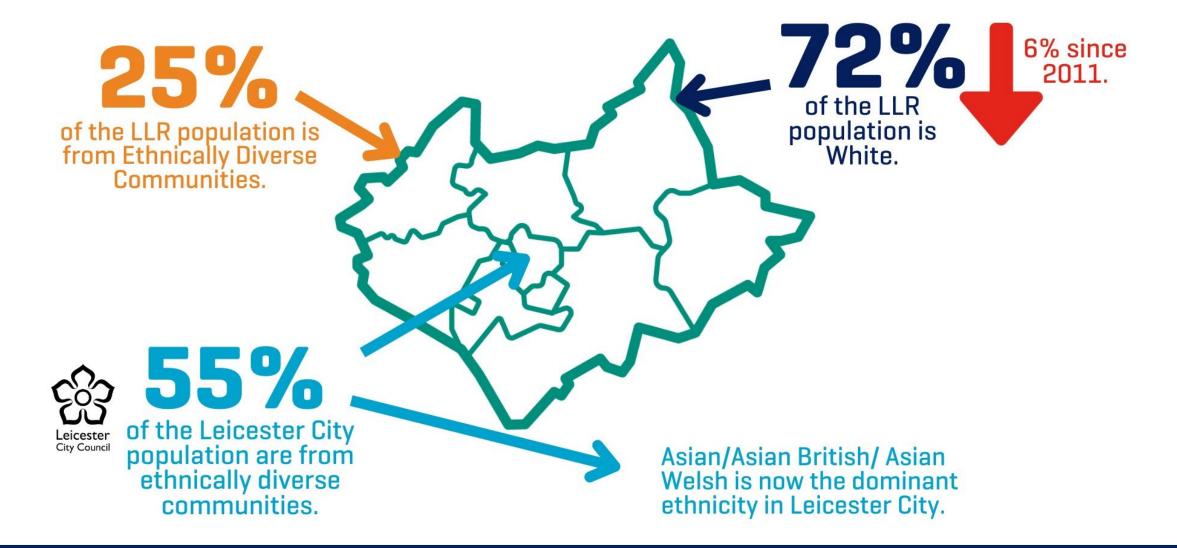
Outcomes

- Knowledge and understanding of the true barriers facing Ethnically Diverse Communities, and the impact on being physically active.
- Connect with locality/area/place partners, to discuss current challenges and consider future opportunities/actions.
- Develop a 'what next' Action Plan.





Population – Ethnicity Headlines







Courage to be Curious Conversations Across Race

- Courage, Curiosity and Conversations Why
- Complexity
- Fluidity
- Necessity
- Vulnerability
- Empathy





Our Panel

Tara – Waterfront Sport & Education Academy

Samin – Loughborough Female Fitness

Farhiyo and Ubah – Women4Change





Exercise

- Do you know your communities?
- How do you engage with them?
- What are the barriers / challenges / issues?
- Is your workforce (paid and voluntary) fit for purpose?
- Examples of best practice





So What?

What next?

Action Planning.

What will you do differently?





Workshop Questions

What is your one key learning from this workshop?

What is the one action that you will take away from this workshop for you or your organisation?





What's Next

Refreshment Break (opposite Main Hall)

Then

Big Conversation 2 (Main Hall – please note table number on your delegate badge)



