



Courage to be Curious (Conversations Across Race)

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active-together.org

Outcomes

- Knowledge and understanding of the true barriers facing Ethnically Diverse Communities, and the impact on being physically active.
- Connect with locality/area/place partners, to discuss current challenges and consider future opportunities/actions.
- Develop a 'what next' Action Plan.

Population – Ethnicity Headlines

25%

of the LLR population is from Ethnically Diverse Communities.

72%

of the LLR population is White.

6% since 2011.



55%

of the Leicester City population are from ethnically diverse communities.

Asian/Asian British/ Asian Welsh is now the dominant ethnicity in Leicester City.

Courage to be Curious

Conversations Across Race

- Courage, Curiosity and Conversations – Why
- Complexity
- Fluidity
- Necessity
- Vulnerability
- Empathy

Our Panel

- Tara – Waterfront Sport & Education Academy
- Samin – Loughborough Female Fitness
- Farhiyo and Ubah – Women4Change

Exercise

- Do you know your communities?
- How do you engage with them?
- What are the barriers / challenges / issues?
- Is your workforce (paid and voluntary) fit for purpose?
- Examples of best practice

So What?

- What next?
- Action Planning.
- What will you do differently?

Workshop Questions

What is your one key learning from this workshop?

What is the one action that you will take away from this workshop for you or your organisation?

What's Next

Refreshment Break (opposite Main Hall)

Then

Big Conversation 2 (Main Hall – please note table number on your delegate badge)