

THE BEAN GAME

What you will need:

Nothing! This funny game can be played with no equipment at all.

How to play:

One person plays the role of the “leader” to call out instructions [take it in turns so that everyone can try this].

The leader shouts out different types of beans and the other members must perform the action.

- Jellybean = wobble like a bowl of jelly.
- Runner bean = run on the spot.
- Broad bean = make yourself as wide as you can.
- Baked bean = lie on the floor and pretend to sunbathe.
- String bean = stretch yourself as tall as you can.
- Magic Bean = wave your magic wand around.

To simplify the activity:

- Select just a few of the bean types so they’re easier to remember. You can slowly add more beans to the game once they’re easier to remember.

To make the game more challenging:

- Encourage players to race into performing the action. The quickest person to complete the correct action is the winner.
- Try adding “silly beans” between the beans listed above. This allows players to perform whatever movement they choose!

**LET'S GET
MOVING**