



Inspire – Develop - Excel 2023-24 Calendar

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LET'S
GET
MOVING



SCHOOL
GAMES



INSPIRE TOGETHER
A healthier, happier, future generation



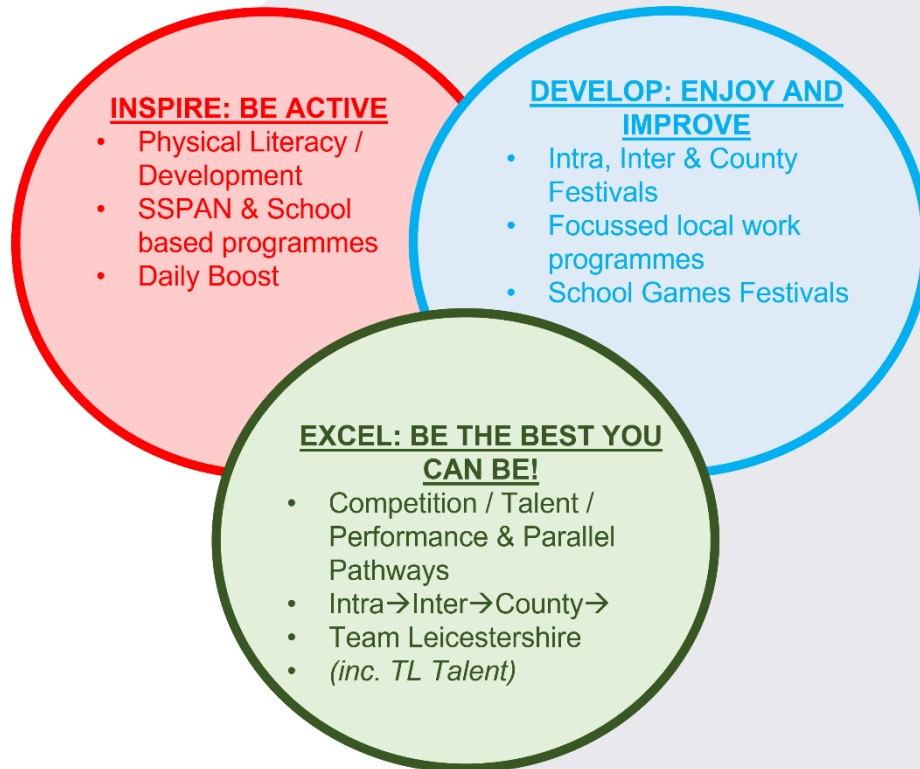
Active
Rutland Schools

Last Updated: 29 February 2024

active-together.org/activeschools

Vision

Motivating young people to take part in sport and physical activity



INSPIRE: BE ACTIVE

- Encouraging young people to **engage, participate & learn** through **fun** sport & physical activity opportunities that interest and excite them, developing **fundamental & physical literacy** competencies, acquiring **lifelong learning** and promoting **social & emotional wellbeing**.

DEVELOP: ENJOY AND IMPROVE

- Giving young people opportunities to **learn & grow key skills** such as **confidence, self-belief & determination**, as well as improving their **physiological & psychological skills** in a **fun, safe, supportive** environment that has **key values** at its core & engenders a **lifelong love of movement**.

EXCEL: BE THE BEST YOU CAN BE!

- Providing opportunities for young people who **aspire** towards further **progression & success** in sport & physical activity, either as an **individual** or as **part of a team**, through **competition structures, talent pathways & performance programmes**.

Primary Calendar: **INSPIRE**

Inspiration	Age Group	Suggested time frame (but can be done any time of year)	How to get involved at School	How to get involved at Home	SSPAN competition links	Lead Organisation	Additional Info
INSPIRATION: My Personal Best	ALL age groups	Autumn Term	Printable Personal Best Passport *with options for SSPAN to deliver a central venue festival	School promotes to parents/carers app – track time spent (linked to CMO guidelines of 60 active mins).	Multi Skills	Active Together / SSPANs	Personal Best Passport: Series of challenges to achieve a personal best score produced by NWL/AT
Active Travel Month	ALL age groups	Runs alongside	On your way to and from school			Active Travel / SSPANs	Runs alongside
Move it Boom	ALL age groups?	Runs alongside	Log activities in an out of school	Link to webpage?		Leicestershire NHS	Runs alongside
INSPIRATION: Active Advent	ALL age groups	Autumn 2 (1st -31st Dec)	PA challenge to do each day in Dec. PDF copy of calendar to	PDF copies can be downloaded and printed.		Health & wellbeing	Active Together / SSPANs

			share with schools				
INSPIRATION: New Year New Skill	ALL age groups	Spring 1	Skills Bingo Card (pairs & group challenges) – tick off each new skill learnt	PDF copies can be downloaded and printed. Replicate on app – submit scores	Skill Development / teamwork	Active Together / SSPANs	AT produce Skills Bingo Card/app content
INSPIRATION: Move more in Spring	ALL age groups	Spring 2	Skipping challenges for break/lunch time	Replicate on app with videos and option to submit scores	Coordination - gymnastics	Active Together / SSPANs	Skipping videos (Skip Sisters?)
Active Travel Month	ALL age groups	Runs alongside	On your way to and from school			Active Travel / SSPANs	Runs alongside
INSPIRATION: Dance Mania	ALL age groups	Summer 1	Routines which can be learnt at school	Videos on AT webpage	Dance festivals Possibility of linking to Summer Fest again	Active Together / SSPANs	Dance artist to create video to be supplied to schools to learn routine & take part
INSPIRATION: Path to Paris	ALL age groups	Summer 2	Team GB and Paralympic GB's free programme	Replicate on app?	School Sports Days	Active Together / SSPANs	Resources on getset website

Primary Calendar: [Develop](#) / [Excel](#)

Sport	Age Group	Squad Size (Min:Max)	Gender Spilt (Boys:Girls)	SSPAN Qual. Date	County Final Date	Time	Venue / Virtual	Lead Organisation	Additional Info
Cross Country League (Open entry)	Y3-6	N/A	Mixed	28/10/23 18/11/23 2/12/23		Info sent directly to schools	Mallory Park	Mike McSharry/ Athletics Association	
Football	Y5/6	9:12	Girls, Mixed & Small Schools	1/11/22	Small Schools Girls – 9/11/23 Girls – 11/11/23 Small Schools Mixed – 23/11/23 Mixed – 25/11/23	Girls & Mixed: 9.00-13.00 Small Schools: 15.00-18.00	Judgement adow Community College	Active Together / Leics. Schools FA	Contact: Steve Abson
Table Tennis	Y5/6	4 (Boys) 3 (Girls)	Boys & Girls separate	Late Oct / Early Nov	9/11/23	Girls: 9.30-12.00	Knighton Park Table	Active Together / Leics. Schools	U11 Individual Championships – Sat 2 nd Dec 2023 Contact: Mike Smith

						Boys: 12.30- 15.00	Tennis Club	Table Tennis Assoc.	
Virtual Sportshall Athletics	Y3, Y4, Y5 & Y6	Min 5 Boys & 5 Girls for a Team (Max 40 athletes per spreadshe et entered)	Mixed	N/A	26/1/24	N/A	Virtual	SSPANs & Active Together	Administered via Sportshall Associates format (Contact: Adam Burgess)
	KS2 Parallel (Pan- Disabilit y)	Individuall y scored event	Mixed	N/A	26/1/24	N/A	Virtual	SSPANs & Active Together	Administered via Sportshall Associates & L&R Dis. Athl. Assoc. format (Contact: Adam Burgess)
Parallel Sportshall Athletics Qualifiers	KS2 Parallel (Pan- Disabilit y)	5:8	Mixed	County Schools 09.02.24		9.30- 14.30	Aylestone Leisure Centre	Leicester- shire Disability Athletics Developme nt Group (LDADG)	(Contact: Tom Lemmon / Dan Hewins)
				City Schools 01.03.24		9.30- 14.30	Crown Hills CC		
Parallel Sportshall Athletics County Final	KS2 Parallel (Pan- Disabilit y)	5:8	Mixed	As above	Part of Para-Fest 25/4/24	9.30- 14.30	L'boro Universit y	Active Together & LDADG	(Contact: Tom Lemmon / Dan Hewins)

Cross Country Champions hips	Y3-6	N/A	Mixed	TBC	Early March TBC	TBC Mike McSharry / Chris T	TBC	Mike McSharry/ Athletics Association /Active Together	<i>(Chris T will provide an update)</i>
Parallel Cross Country Champs	Open KS2	N/A	Mixed	N/A	13.3.24	12.30-14.15	Maplewell Hall School	L&R Dis. Athl. Assoc.	<i>(Contact: Dan Hewins/Tom Lemmon)</i>
Basketball	Y5/6	8:10	Mixed	End of Feb	11.3.24	12.30-15.00	Leicester Riders Arena <i>(Mandy / Lisa)</i>	Active Together	Support from Riders Foundation <i>(Mandy)</i>
Rise Gymnastics	Y1/2, Y3/4, Y5/6 & Disability	4	Mixed	TBC	20/3/24 TBC with Chris T	Start times depend on age group	Oakham Gym Club – TBC	Rutland School Sport Partnership (Chris)	SSPAN-led County Finals Programme
Primary Dodgeball	Y5/6	6:8	3:3 on court	TBC	21/3/24	15.45-17.30	South Wigston High School	South Leicestershire SSP (Jon)	SSPAN-led County Finals Programme
Sportshall Athletics	Y5/6	18:30	9:9 to 15:15	Mid March	22.4.24	10.00-12.30	Loughborough Uni Netball Centre	Active Together & Sportshall Associates	Scheduled for same day as Sec. <i>(Contact: Adam Burgess)</i>

Boccia	KS2 Pan-Disability	6:8 (3 on court)	Mixed		Para Fest 25/4/24	TBC	Loughborough Uni	Active Together	Part of Para-Fest again (Contact: John Duggan/Tom Lemmon)
New Age Kurling	KS2 Pan-Disability	4	Mixed		Para Fest 25/4/24	TBC	Loughborough Uni	Active Together	
Primary Swimming	Y5/6	8	Mixed 4:4		12/6/24	13.30-15.30	Uppingham School Sports Centre	Rutland School Sport Partnership (Chris)	SSPAN-led County Finals Programme
Primary Tennis	Y3/4 Y5/6	4	Mixed 2:2		20.6.24	10.00-14.00	Charnwood Lawn Tennis Club	North Charnwood School Sport Partnership (Nicola)	SSPAN-led County Finals Programme
KS2 Parallel Quadkids	KS2	N/A	Mixed	N/A	TBC	9.30-14.30	Saffron Lane (TBC)	L&R Dis. Athl. Assoc. / City SSPAN	(Contact: Dan Hewins)
Dynamos Cricket	Y5/6	10	Girls & Mixed (Separate competitions)	Early June	Summer 2 25/6/24 & 26/6/24 Pencilled in	TBC	Leics. County Cricket Ground	Active Together / LCCC	(Contact: Harry Scoble)

Summer Festival	See event specific info below	See event specific info below	See event specific info below		27/6/24	All Day	Loughborough Uni TBC	Active Together	Format, activities etc TBC
Quadkids Athletics	Y3/4 & Y5/6	8:10	Mixed 4:4 or 5:5	As Above	27/6/24	As Above	As Above	Active Together	TBC dependent on venue / facilities
Quicksticks Hockey	Y5/6	6	Mixed	As Above	27/6/24	As Above	As Above	Active Together / Leics. Schools Hockey Assoc.	TBC dependent on venue / facilities (Contact: Jane Jelley)
Netball	Y5/6	7:9	Mixed	TBC	27/6/24	As Above	As Above	Active Together / Leics. Schools Netball Assoc.	TBC dependent on venue / facilities (Contact: Val Kindred)
Sportsability	KS2 Pan-Disability	8	Mixed	As Above	27/6/24	As Above	As Above	Active Together / Inspire2 / John Duggan	(Contact: John Duggan/Tom Lemmon)
Inspire Celebration at	ALL age groups	N/A	ALL	N/A	As above	N/A	As Above	Active Together / SSPANs	

Summer Festival									
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Secondary Calendar [Develop](#) / [Excel](#)

Sport	Age Group	Squad Size (Min:Max)	Gender Spilt (Boys:Girls)	SSPAN Qual. Date	County Final Date	Time	Venue / Virtual	Lead Organisation	Additional Info
Cross Country League (Open Entry)	Y7-11	N/A	Mixed	28/10/23 18/11/23 2/12/23		Info sent directly to schools	Mallory Park	Mike McSharry/ Athletics Association/ Active together	
Table Tennis	U13, U16 & U19*	3 (Girls) 4 (Boys) *U19 Girls – 2 a side	Girls & Boys separate	Late Oct / Early Nov	U19 Boys: 9/11/23 U13 Boys: 16/11/23 U16 Boys: 23/11/23 U13, U16 & U19	All 15.45 arrival for a 16.00-18.00 competition	Knighton Park Table Tennis Club	Active Together / Leics. Schools Table Tennis Assoc.	U13-U19 Individual Championships scheduled for 9 th Dec 2023@ Leicester Grammar School U19 Boys team event is direct entry final based on EOI in Sept.

					Girls: 30/11/23				<i>(Contact: Mike Smith)</i>
Tigers+ Rugby Development Festival	Y7/8 Y9-11	TBC	Girls	N/A	26/10/23	12.30-15.00	TBC	Active Together & Tigers+	Development / Non-Competitive event <i>(Contact: Lottie Bozon)</i>
Tigers+ Rugby Development Festival	Y7/8	TBC	Boys	N/A	7/11/23	12.30-15.00	TBC	Active Together & Tigers+	Development / Non-Competitive event <i>(Contact: Lottie Bozon)</i>
Tigers+ Rugby Development Festival	Y9-11	TBC	Boys	N/A	9/11/23	12.30-15.00	TBC	Active Together & Tigers+	Development / Non-Competitive event <i>(Contact: Lottie Bozon)</i>
Parallel Sportshall Athletics Qualifiers	KS3 & KS4/5 Parallel (Pan-Disability)	5:8	Mixed	Key Stage 3: 27/10/23		09.30-14.30	Crown Hills CC	Leicestershire Disability Athletics Development Group (LDADG)	<i>Contact: Tom Lemmon / Dan Hewins</i>
				Key Stage 4/5: 10/11/23		09.30-14.30	Crown Hills CC		
Parallel Sportshall Athletics County Final	KS3 & KS4/5 Parallel (Pan-Disability)	5:8	Mixed	As Above	08/12/23	09.30-14.30	Aylestone Leisure Centre	Active Together & LDADG	<i>Contact: Tom Lemmon / Dan Hewins</i>

Netball	Y7, Y8, Y10	7:12	Girls	Play by date for local leagues (including any play offs) – 29/11/23 (with agreement from SSPANS)	29/01/23	5-8pm <i>(Actual game start times TBC)</i>	Loughborough Uni Netball Centre <i>(Ben Daly)</i>	Active Together / Leics. Schools Netball Assoc.	<i>(Contact: Kathy Stripp & Val Kindred)</i>
Open Invite Trampolining	Y7/8 & Y9-11	4	Mixed	N/A	6/2/24	15.45-17.30	Robert Smyth Academy - TBC	South Leicestershire SSP (Jon)	<i>Contact: Kieran Gundy (Rob. Smyth Acad.)</i>
Netball (development festival)	U18	7:12	Girls		12/3/24	4-6pm	Leicester Grammar	Active Together / Leics. Schools Netball Assoc.	<i>(Contact: Val Kindred)</i>
Tigers+ Rugby Development Grading Festival	Y7/8	TBC	Boys	N/A	27/2/24	12.30-15.00	Lboro Grammar playing fields	Active Together & Tigers+	<i>“Competitive” event (Contact: Lottie Bozon)</i>
Tigers+ Rugby Development Bowl & Vase Festivals	Y9-11	TBC	Boys	N/A	29/2/24	12.30-15.00	Lboro Grammar playing fields	Active Together & Tigers+	<i>“Competitive” event (Contact: Lottie Bozon)</i>
Tigers+ Rugby Development	Y7-11	TBC	Girls	N/A	19/3/24	12.30-15.00	Lboro Grammar playing fields	Active Together & Tigers+	<i>“Competitive” event</i>

Graded Tournament									<i>(Contact: Lottie Bozon)</i>
Sec. Indoor Cricket	U13 Mixed U15 Mixed U13 Girls U15 Girls		No ratio stipulations on MIXED / Girls = Girls Only	TBC	U13 Girls – 4.3.24 U15 Girls – 8.3.24 U13 Mixed – 11.3.24 U15 Mixed – 15.3.24	All 16.30-19.00	Crown Hills CC	Leicestershire County Cricket Club	For further information, contact Harry Scoble at LCCC
Basketball	Y7, Y8, Y9, Y10, Y11 & U18 <i>(NB: Girls – combined Y10/11)</i>	10	Girls & Boys separate	Play by date for local leagues (including any play offs) – 26/1/24 (with agreement from SSPANS)	Girls – 11.3.24 Boys - 13.3.24	16.00-18.00	Leicester Riders Arena <i>(Mandy / Lisa)</i>	Active Together / Schools Bball Assoc. <i>(Arbham Giga @ Rawlins)</i>	Support from Riders Foundation <i>(Mandy)</i>
Parallel XC Champs	Open KS3-5	N/A	Mixed	N/A	13.3.24	12.30-14.15	Maplewell Hall School	L&R Dis. Athl. Assoc. / City SSPAN	<i>Contact: Tom Lemmon / Dan Hewins</i>

Sportshall Athletics	Y7 Boys Y7 Girls Y8 Boys Y8 Girls	8	Girls & Boys separate		22.4.24	13.30-16.30	Loughborough Uni Netball Centre (Ben Daly)	Active Together & Sportshall Associates	Scheduled for same day as Prim. (Contact: Adam Burgess)
Badminton	KS3, KS4 & U18	4	Girls & Boys separate	Feb Half Term for KS3/4. U18 open invite depending on EOI in Sept	<i>Boys U18 – 28/2/24</i> <i>Girls U18 – 5/3/24</i> <i>Mon 18th March – KS3 Girls</i> <i>Tues 19th – KS3 Boys</i> <i>Weds 20th – KS4 Girls</i> <i>Thurs 21st – KS4 Boys</i>	All 16.00-19.30	Babington Academy	Active Together / Leics. Schools Badminton Assoc.	Contact: Carole Spencer & Greg Howes (U18s)
Paralympic Festival	Various	See specific event details	See specific event details		25/4/24	All Day	Loughborough Uni TBC	Active Together	Format, activities etc TBC
Boccia	KS3 & KS4/5 MLD	3:6	Mixed		Part of Para Fest	TBC	As above – TBC	Active Together	Part of Para-Fest

	KS3-5 SLD								<i>(Contact: John Duggan & Tom Lemmon)</i>
Secondary Girls Futsal	Y7 Y8/9 KS4	5:8	Girls	TBC	Tues 16th April – Y7 Thurs 18th April – KS4 Tues 23rd April – Y8/9	16.00-18.00	Crown Hills	Leicester City School Sport Partnership (Charlotte)	SSPAN-led County Finals Programme
Football	Y7, Y8, Y9, Y10, Y11	11:16	Boys	Play by date for local leagues (including any play offs) – 9/2/24 (with agreement from SSPANS)	17/4/24	Y8 & Y10: 4pm KO Y7/Y9/Y11 6.00pm KO	Seagrave	Active Together / Leics. Schools Football Assoc.	<i>Contact: Steve Abson</i>
	U18	11:16	Boys		01/05/24	6.00pm KO	Seagrave	Active Together / Leics. Schools Football Assoc.	<i>Contact: Steve Abson</i>

	Y7, Y8/9, Y10/11	11:16	Girls		01/05/24	4pm KO	Seagrave	Active Together / Leics. Schools Football Assoc.	<i>Contact: Steve Abson</i>
EM Dis. Athl. Champs (11+) Leics Parallel Athletics Festival 11+	Open KS3-5	N/A	Mixed	N/A	Thursday 09/05/24	9.30-14.15	Saffron Lane	L&R Dis. Athl. Assoc. / City SSPAN	<i>Contact: Dan Hewins</i>
Golf Sixes 'Road to the Open'	Open Y7-11	6	Mixed	Open entry	Late Jun/Early July TBC	TBC	Beadles Lake TBC	Golf Foundation/Active Together	<i>Stacey McNicholas (Golf Foundation)</i>
NFL Flag	Open Y7/8 (further options for development events)	7:10	Mixed	Open entry	22.5.24	10-14.30	New College TBC	NFL UK/Active Together	<i>Jared Gray (NFL UK)</i>
Athletics Championships	Y7-13		Mixed	TBC	20.6.24	TBC	<i>Loughborough University</i>	Leics Schools Athletics Association / Active Together	Chris Thomas (Active Rutland)
Secondary Swimming	KS3 & KS4	N/A	Individual	TBC	16/4/24	12.00-14.45	<i>Pingles Leisure Centre, Nuneaton</i>	Hinckley & Bosworth School Sport Partnership (Martin Lynch)	SSPAN-led County Finals Programme
	U13 (softball), U15	8	Girls	May half term	18/6/24	2.30pm start	<i>Loughborough Grammar</i>	Active Together / Leics. Schools Cricket Assoc.	<i>Contact: John Weitzel</i>

Cricket					TBC by John Weitzel		<i>School (Quorn playing fields)</i>		
	U12, U14, U18	11:13	Boys	May half term	25/6/24 TBC by John Weitzel	2.30pm start	<i>Loughborough Grammar (Quorn playing fields)</i>	Active Together / Leics. Schools Cricket Assoc.	<i>Contact: John Weitzel</i>
	U15 (T20)	11:13	Boys	May half term	TBC by John Weitzel	2.30pm start	<i>Loughborough Grammar (Quorn playing fields)</i>	Leics. Schools Cricket Assoc.	<i>Contact: John Weitzel</i>