



# Inspire – Develop - Excel 2023-24 Calendar

- [Primary Calendar](#)
- [Secondary Calendar](#)

LET'S  
GET  
MOVING



SCHOOL  
GAMES

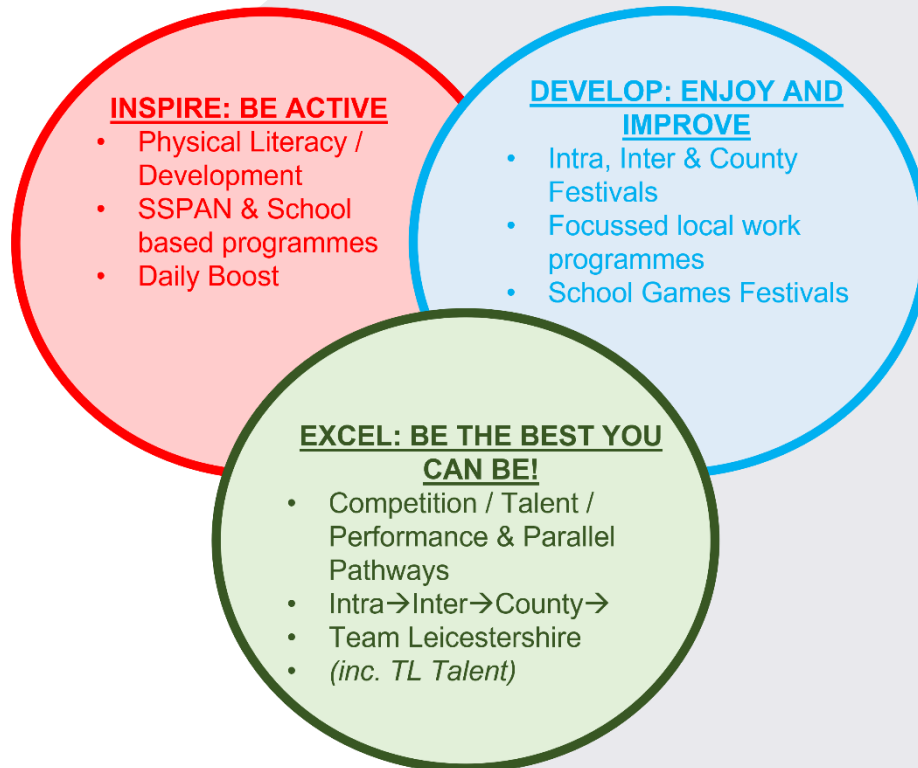


Last Updated: 31 January 2024

[active-together.org/activeschools](https://active-together.org/activeschools)

# Vision

## Motivating young people to take part in sport and physical activity



### INSPIRE: BE ACTIVE

- Encouraging young people to **engage, participate & learn** through **fun** sport & physical activity opportunities that interest and excite them, developing **fundamental & physical literacy** competencies, acquiring **lifelong learning** and promoting **social & emotional wellbeing**.

### DEVELOP: ENJOY AND IMPROVE

- Giving young people opportunities to **learn & grow key skills** such as **confidence, self-belief & determination**, as well as improving their **physiological & psychological skills** in a **fun, safe, supportive** environment that has **key values** at its core & engenders a **lifelong love of movement**.

### EXCEL: BE THE BEST YOU CAN BE!

- Providing opportunities for young people who **aspire** towards further **progression & success** in sport & physical activity, either as an **individual** or as **part of a team**, through **competition structures, talent pathways & performance programmes**.

## Primary Calendar: **INSPIRE**

Inspiration	Age Group	Suggested time frame (but can be done any time of year)	How to get involved at School	How to get involved at Home	SSPAN competition links	Lead Organisation	Additional Info
<b>INSPIRATION: My Personal Best</b>	ALL age groups	<b>Autumn Term</b>	Printable Personal Best Passport  *with options for SSPAN to deliver a central venue festival	School promotes to parents/carers  app – track time spent (linked to CMO guidelines of 60 active mins).	Multi Skills	Active Together / SSPANs	Personal Best Passport: Series of challenges to achieve a personal best score produced by NWL/AT
<b>Active Travel Month</b>	ALL age groups	<b>Runs alongside</b>	On your way to and from school			Active Travel / SSPANs	Runs alongside
<b>Move it Boom</b>	ALL age groups?	<b>Runs alongside</b>	Log activities in an out of school	Link to webpage?		Leicestershire NHS	Runs alongside
<b>INSPIRATION: Active Advent</b>	ALL age groups	<b>Autumn 2 (1<sup>st</sup> -31<sup>st</sup> Dec)</b>	PA challenge to do each day in Dec. PDF copy of calendar to	PDF copies can be downloaded and printed.		Health & wellbeing	Active Together / SSPANs

			share with schools				
<b>INSPIRATION: New Year New Skill</b>	ALL age groups	<b>Spring 1</b>	Skills Bingo Card (pairs & group challenges) – tick off each new skill learnt	PDF copies can be downloaded and printed. Replicate on app – submit scores	Skill Development / teamwork	Active Together / SSPANs	AT produce Skills Bingo Card/app content
<b>INSPIRATION: Move more in Spring</b>	ALL age groups	<b>Spring 2</b>	Skipping challenges for break/lunch time	Replicate on app with videos and option to submit scores	Coordination - gymnastics	Active Together / SSPANs	Skipping videos (Skip Sisters?)
<b>Active Travel Month</b>	ALL age groups	<b>Runs alongside</b>	On your way to and from school			Active Travel / SSPANs	Runs alongside
<b>INSPIRATION: Dance Mania</b>	ALL age groups	<b>Summer 1</b>	Routines which can be learnt at school	Videos on AT webpage	Dance festivals  Possibility of linking to Summer Fest again	Active Together / SSPANs	Dance artist to create video to be supplied to schools to learn routine & take part
<b>INSPIRATION: Path to Paris</b>	ALL age groups	<b>Summer 2</b>	Team GB and Paralympic GB's free programme	Replicate on app?	School Sports Days	Active Together / SSPANs	Resources on getset website

**Primary Calendar: [Develop](#) / [Excel](#)**

Sport	Age Group	Squad Size (Min:Max)	Gender Spilt (Boys:Girls)	SSPAN Qual. Date	County Final Date	Time	Venue / Virtual	Lead Organisation	Additional Info
Cross Country League (Open entry)	Y3-6	N/A	Mixed	28/10/23 18/11/23 2/12/23		Info sent directly to schools	Mallory Park	Mike McSharry/ Athletics Association	
Football	Y5/6	9:12	Girls, Mixed & Small Schools	1/11/22	Small Schools Girls – 9/11/23  Girls – 11/11/23  Small Schools Mixed – 23/11/23  Mixed – 25/11/23	Girls & Mixed: 9.00-13.00  Small Schools: 15.00-18.00	Judgement adow Community College	Active Together / Leics. Schools FA	Contact: Steve Abson
Table Tennis	Y5/6	4 (Boys) 3 (Girls)	Boys & Girls separate	Late Oct / Early Nov	9/11/23	Girls: 9.30-12.00	Knighton Park Table	Active Together / Leics. Schools	U11 Individual Championships – Sat 2 <sup>nd</sup> Dec 2023 Contact: Mike Smith

						Boys: 12.30- 15.00	Tennis Club	Table Tennis Assoc.	
Virtual Sportshall Athletics	Y3, Y4, Y5 & Y6	Min 5 Boys & 5 Girls for a Team (Max 40 athletes per spreadshe et entered)	Mixed	N/A	26/1/24	N/A	Virtual	SSPANs & Active Together	Administered via Sportshall Associates format (Contact: Adam Burgess)
	KS2 Parallel (Pan- Disabilit y)	Individuall y scored event	Mixed	N/A	26/1/24	N/A	Virtual	SSPANs & Active Together	Administered via Sportshall Associates & L&R Dis. Athl. Assoc. format (Contact: Adam Burgess)
Parallel Sportshall Athletics Qualifiers	KS2 Parallel (Pan- Disabilit y)	5:8	Mixed	County Schools 09.02.24		9.30- 14.30	Aylestone Leisure Centre	Leicester- shire Disability Athletics Developme nt Group (LDADG)	(Contact: Tom Lemmon / Dan Hewins)
				City Schools 01.03.24		9.30- 14.30	Crown Hills CC		
Parallel Sportshall Athletics County Final	KS2 Parallel (Pan- Disabilit y)	5:8	Mixed	As above	Part of Para-Fest 25/4/24	9.30- 14.30	L'boro Universit y	Active Together & LDADG	(Contact: Tom Lemmon / Dan Hewins)

Cross Country Champions hips	Y3-6	N/A	Mixed	TBC	Early March TBC	TBC Mike McSharry / Chris T	TBC	Mike McSharry/ Athletics Association /Active Together	<i>(Chris T will provide an update)</i>
Parallel Cross Country Champs	Open KS2	N/A	Mixed	N/A	13.3.24	12.30-14.15	Maplewell Hall School	L&R Dis. Athl. Assoc.	<i>(Contact: Dan Hewins/Tom Lemmon)</i>
Basketball	Y5/6	8:10	Mixed	End of Feb	11.3.24	12.30-15.00	Leicester Riders Arena <i>(Mandy / Lisa)</i>	Active Together	Support from Riders Foundation <i>(Mandy)</i>
Rise Gymnastics	Y1/2, Y3/4, Y5/6 & Disability	4	Mixed	TBC	20/3/24 TBC with Chris T	Start times depend on age group	Oakham Gym Club – TBC	Rutland School Sport Partnership (Chris)	SSPAN-led County Finals Programme
Primary Dodgeball	Y5/6	6:8	3:3 on court	TBC	21/3/24	15.45-17.30	South Wigston High School	South Leicestershire SSP (Jon)	SSPAN-led County Finals Programme
Sportshall Athletics	Y5/6	18:30	9:9 to 15:15	Mid March	22.4.24	10.00-12.30	Loughborough Uni Netball Centre	Active Together & Sportshall Associates	Scheduled for same day as Sec. <i>(Contact: Adam Burgess)</i>

<b>Boccia</b>	KS2 Pan-Disability	6:8 (3 on court)	Mixed		<b>Para Fest 25/4/24</b>	TBC	Loughborough Uni	Active Together	Part of Para-Fest again (Contact: John Duggan/Tom Lemmon)
<b>New Age Kurling</b>	KS2 Pan-Disability	4	Mixed		<b>Para Fest 25/4/24</b>	TBC	Loughborough Uni	Active Together	
<b>Primary Swimming</b>	Y5/6	8	Mixed 4:4		12/6/23	13.30-15.30	Uppingham School Sports Centre	Rutland School Sport Partnership (Chris)	SSPAN-led County Finals Programme
<b>Primary Tennis</b>	Y3/4 Y5/6	4	Mixed 2:2		<b>20.6.24</b>	10.00-14.00	Charnwood Lawn Tennis Club	North Charnwood School Sport Partnership (Nicola)	SSPAN-led County Finals Programme
<b>KS2 Parallel Quadkids</b>	KS2	N/A	Mixed	N/A	<b>TBC</b>	9.30-14.30	Saffron Lane (TBC)	L&R Dis. Athl. Assoc. / City SSPAN	(Contact: Dan Hewins)
<b>Dynamos Cricket</b>	Y5/6	10	Girls & Mixed (Separate competitions)	Early June	<b>Summer 2 25/6/24 &amp; 26/6/24 Pencilled in</b>	TBC	Leics. County Cricket Ground	Active Together / LCCC	(Contact: Harry Scoble)



Summer Festival	See event specific info below	See event specific info below	See event specific info below		27/6/24	All Day	Loughborough Uni TBC	Active Together	Format, activities etc TBC
Quadkids Athletics	Y3/4 & Y5/6	8:10	Mixed 4:4 or 5:5	As Above	27/6/24	As Above	As Above	Active Together	TBC dependent on venue / facilities
Quicksticks Hockey	Y5/6	6	Mixed	As Above	27/6/24	As Above	As Above	Active Together / Leics. Schools Hockey Assoc.	TBC dependent on venue / facilities (Contact: Jane Jelley)
Netball	Y5/6	7:9	Mixed	TBC	27/6/24	As Above	As Above	Active Together / Leics. Schools Netball Assoc.	TBC dependent on venue / facilities (Contact: Val Kindred)
Sportsability	KS2 Pan-Disability	8	Mixed	As Above	27/6/24	As Above	As Above	Active Together / Inspire2 / John Duggan	(Contact: John Duggan/Tom Lemmon)
Inspire Celebration at	ALL age groups	N/A	ALL	N/A	As above	N/A	As Above	Active Together / SSPANs	

Summer Festival									
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## Secondary Calendar [Develop](#) / [Excel](#)

Sport	Age Group	Squad Size (Min:Max)	Gender Spilt (Boys:Girls)	SSPAN Qual. Date	County Final Date	Time	Venue / Virtual	Lead Organisation	Additional Info
Cross Country League (Open Entry)	Y7-11	N/A	Mixed	28/10/23 18/11/23 2/12/23		Info sent directly to schools	Mallory Park	Mike McSharry/ Athletics Association/ Active together	
Table Tennis	U13, U16 & U19*	3 (Girls) 4 (Boys)  *U19 Girls – 2 a side	Girls & Boys separate	Late Oct / Early Nov	U19 Boys: 9/11/23  U13 Boys: 16/11/23  U16 Boys: 23/11/23  U13, U16 & U19 Girls: 30/11/23	All 15.45 arrival for a 16.00-18.00 competition	Knighton Park Table Tennis Club	Active Together / Leics. Schools Table Tennis Assoc.	U13-U19 Individual Championships scheduled for 9 <sup>th</sup> Dec 2023@ Leicester Grammar School  U19 Boys team event is direct entry final based on EOI in Sept.

									(Contact: Mike Smith)
<b>Tigers+ Rugby Development Festival</b>	Y7/8 Y9-11	TBC	Girls	N/A	<b>26/10/23</b>	12.30-15.00	TBC	Active Together & Tigers+	Development / Non-Competitive event (Contact: Lottie Bozon)
<b>Tigers+ Rugby Development Festival</b>	Y7/8	TBC	Boys	N/A	<b>7/11/23</b>	12.30-15.00	TBC	Active Together & Tigers+	Development / Non-Competitive event (Contact: Lottie Bozon)
<b>Tigers+ Rugby Development Festival</b>	Y9-11	TBC	Boys	N/A	<b>9/11/23</b>	12.30-15.00	TBC	Active Together & Tigers+	Development / Non-Competitive event (Contact: Lottie Bozon)
<b>Parallel Sportshall Athletics Qualifiers</b>	KS3 & KS4/5 Parallel (Pan-Disability)	5:8	Mixed	<b>Key Stage 3: 27/10/23</b>		09.30-14.30	Crown Hills CC	Leicestershire Disability Athletics Development Group (LDADG)	Contact: Tom Lemmon / Dan Hewins
				<b>Key Stage 4/5: 10/11/23</b>		09.30-14.30	Crown Hills CC		
<b>Parallel Sportshall Athletics County Final</b>	KS3 & KS4/5 Parallel (Pan-Disability)	5:8	Mixed	As Above	<b>08/12/23</b>	09.30-14.30	Aylestone Leisure Centre	Active Together & LDADG	Contact: Tom Lemmon / Dan Hewins

<b>Netball</b>	Y7, Y8, Y10	7:12	Girls	Play by date for local leagues (including any play offs) – 29/11/23 (with agreement from SSPANS)	<b>29/01/23</b>	5-8pm (Actual game start times TBC)	Loughborough Uni Netball Centre (Ben Daly)	Active Together / Leics. Schools Netball Assoc.	(Contact: Kathy Stripp & Val Kindred)
<b>Open Invite Trampolining</b>	Y7/8 & Y9-11	4	Mixed	N/A	<b>6/2/24</b>	15.45-17.30	Robert Smyth Academy - TBC	South Leicestershire SSP (Jon)	Contact: Kieran Gundy (Rob. Smyth Acad.)
<b>Netball (development festival)</b>	U18	7:12	Girls		<b>Feb/Mar–TBC with schools / Val input</b>	4-6pm	Leicester Grammar or Soar Valley TBC	Active Together / Leics. Schools Netball Assoc.	(Contact: Val Kindred)
<b>Tigers+ Rugby Development Grading Festival</b>	Y7/8	TBC	Boys	N/A	<b>27/2/24</b>	12.30-15.00	Lboro Grammar playing fields	Active Together & Tigers+	“Competitive” event (Contact: Lottie Bozon)
<b>Tigers+ Rugby Development Bowl &amp; Vase Festivals</b>	Y9-11	TBC	Boys	N/A	<b>29/2/24</b>	12.30-15.00	Lboro Grammar playing fields	Active Together & Tigers+	“Competitive” event (Contact: Lottie Bozon)

<b>Tigers+ Rugby Development Graded Tournament</b>	Y7-11	TBC	Girls	N/A	<b>19/3/24</b>	12.30-15.00	Lboro Grammar playing fields	Active Together & Tigers+	“Competitive” event (Contact: <i>Lottie Bozon</i> )
<b>Sec. Indoor Cricket</b>	U13 Mixed U15 Mixed  U13 Girls U15 Girls		No ratio stipulations on MIXED / Girls = Girls Only	TBC	<b>U13 Girls – 4.3.24</b>  <b>U15 Girls – 8.3.24</b>  <b>U13 Mixed – 11.3.24</b>  <b>U15 Mixed – 15.3.24</b>	All 16.30-19.00	Crown Hills CC	Leicestershire County Cricket Club	For further information, contact Harry Scoble at LCCC
<b>Basketball</b>	Y7, Y8, Y9, Y10, Y11 & U18 (NB: Girls – combined Y10/11)	10	Girls & Boys separate	Play by date for local leagues (including any play offs) – 26/1/24 (with agreement from SSPANS)	<b>Girls – 11.3.24</b>  <b>Boys - 13.3.24</b>	16.00-18.00	Leicester Riders Arena (Mandy / Lisa)	Active Together / Schools Bball Assoc. (Arbham Giga @ Rawlins)	Support from Riders Foundation (Mandy)

<b>Parallel XC Champs</b>	Open KS3-5	N/A	Mixed	N/A	<b>13.3.24</b>	12.30-14.15	Maplewell Hall School	L&R Dis. Athl. Assoc. / City SSPAN	<i>Contact: Tom Lemmon / Dan Hewins</i>
<b>Sportshall Athletics</b>	Y7 Boys Y7 Girls Y8 Boys Y8 Girls	8	Girls & Boys separate		<b>22.4.24</b>	13.30-16.30	Loughborough Uni Netball Centre (Ben Daly)	Active Together & Sportshall Associates	Scheduled for same day as Prim. (Contact: Adam Burgess)
<b>Badminton</b>	KS3, KS4 & U18	4	Girls & Boys separate	Feb Half Term for KS3/4.  U18 open invite depending on EOI in Sept	<i>Boys U18 – 28/2/24</i>  <i>Girls U18 – 5/3/24</i>  <i>Mon 18<sup>th</sup> March – KS3 Girls</i> <i>Tues 19<sup>th</sup> – KS3 Boys</i> <i>Weds 20<sup>th</sup> – KS4 Girls</i> <i>Thurs 21<sup>st</sup> – KS4 Boys</i>	All 16.00-19.30	Babington Academy	Active Together / Leics. Schools Badminton Assoc.	<i>Contact: Carole Spencer &amp; Greg Howes (U18s)</i>
<b>Paralympic Festival</b>	Various	See specific event details	See specific event details		<b>25/4/24</b>	All Day	Loughborough Uni TBC	Active Together	<b>Format, activities etc TBC</b>

<b>Boccia</b>	KS3 & KS4/5 MLD KS3-5 SLD	3:6	Mixed		<b>Part of Para Fest</b>	TBC	<b>As above – TBC</b>	Active Together	Part of Para- Fest ( <i>Contact: John Duggan &amp; Tom Lemmon</i> )
<b>Secondary Girls Futsal</b>	Y7 Y8/9  KS4	5:8	Girls	TBC	<b>Tues 16<sup>th</sup> – Y7 Thurs 18<sup>th</sup> – KS4 Tues 23<sup>rd</sup> – Y8/9</b>	16.00-18.00	Crown Hills	Leicester City School Sport Partnership (Charlotte)	SSPAN-led County Finals Programme
<b>Football</b>	Y7, Y8, Y9, Y10, Y11	11:16	Boys	Play by date for local leagues (including any play offs) – 9/2/24 (with agreement from SSPANS)	<b>17/4/24</b>	Y8 & Y10: 4pm KO  Y7/Y9/Y11 6.00pm KO	Seagrave	Active Together / Leics. Schools Football Assoc.	<i>Contact: Steve Abson</i>
	U18	11:16	Boys		<b>01/05/24</b>	6.00pm KO	Seagrave	Active Together / Leics. Schools Football Assoc.	<i>Contact: Steve Abson</i>
	Y7, Y8/9, Y10/11	11:16	Girls		<b>01/05/24</b>	4pm KO	Seagrave	Active Together / Leics. Schools Football Assoc.	<i>Contact: Steve Abson</i>

<b>EM Dis. Athl. Champs (11+) Leics Parallel Athletics Festival 11+</b>	Open KS3-5	N/A	Mixed	N/A	<b>Thursday 09/05/24</b>	9.30-14.15	Saffron Lane	L&R Dis. Athl. Assoc. / City SSPAN	<i>Contact: Dan Hewins</i>
<b>Golf Sixes 'Road to the Open'</b>	Open Y7-11	6	Mixed	Open entry	<b>Late Jun/Early July TBC</b>	TBC	Beadles Lake TBC	Golf Foundation/Active Together	<i>Stacey McNicholas (Golf Foundation)</i>
<b>NFL Flag</b>	Open Y7/8 (further options for development events)	7:10	Mixed	Open entry	<b>21.5.23 pencilled in</b>	10-14.30	Lboro College (NFL Academy)	NFL UK/Active Together	<i>Jared Gray (NFL UK)</i>
<b>Athletics Championships</b>	Y7-13		Mixed	TBC	20.6.24	TBC	<i>Loughborough University</i>	Leics Schools Athletics Association / Active Together	Chris Thomas (Active Rutland)
<b>Secondary Swimming</b>	KS3 & KS4	N/A	Individual	TBC	16/4/24	12.00-14.45	<i>Pingles Leisure Centre, Nuneaton</i>	Hinckley & Bosworth School Sport Partnership (Martin Lynch)	SSPAN-led County Finals Programme
<b>Cricket</b>	U13 (softball), U15	8	Girls	May half term	18/6/24 TBC by John Weitzel	2.30pm start	<i>Loughborough Grammar School (Quorn playing fields)</i>	Active Together / Leics. Schools Cricket Assoc.	<i>Contact: John Weitzel</i>



	U12, U14, U18	11:13	Boys	May half term	25/6/24 TBC by John Weitzel	2.30pm start	<i>Loughborough Grammar (Quorn playing fields)</i>	Active Together / Leics. Schools Cricket Assoc.	<i>Contact: John Weitzel</i>
	U15 (T20)	11:13	Boys	May half term	TBC by John Weitzel	2.30pm start	<i>Loughborough Grammar (Quorn playing fields)</i>	Leics. Schools Cricket Assoc.	<i>Contact: John Weitzel</i>