



# Rules & Formats 2023-24

## *Leicester-Shire & Rutland Events*

**Inspire - Develop - Excel**

**SCHOOL  
GAMES**



**ACTIVE  
TOGETHER**

**#LRSchoolGames**



# Contents



Primary Events
Virtual Sportshall Athletics
Sportshall Athletics
KS2 Parallel (Pan-Disability) Sportshall Athletics
New Age Kurling
Boccia
Secondary Events
Virtual Sportshall Athletics
Parallel Sportshall Athletics
Sportshall Athletics
Boccia

Summer Festival Events
Quadkids Athletics
Quicksticks Hockey
Netball
Sportsability
Inspire Celebration Carousel

**NB:**

For any events that appear on the County Events Calendar but are not outlined in this document, please refer to Team Leicestershire formats—[Team Leicestershire | Active Together \(active-together.org\)](https://www.team-leicestershire.org/)

Alternatively, contact your local SGO for information on district level formats and Matt Hackfath ([m.hackfath@active-together.org](mailto:m.hackfath@active-together.org)) for County event formats.



# Guidelines



## Local district events

- Please ensure that your local district events are covered by an overarching Safeguarding Policy and safeguarding information is displayed at events where appropriate.
- The Codes of Conduct on the next page of this document (or a similar local policy / agreement) should be adhered to and displayed at each event.

## County events

- Please ensure that all of your local district events take place by the play by dates set on the Active Schools County Events Calendar, or advise us if this isn't possible for any reason.
- Contact Matt Hackfath with representative team information for County events (school team name, team manager name, contact phone number and email address).
- Please note if it is a secondary competition organised through [Team Leicestershire | Active Together \(active-together.org\)](http://Team Leicestershire | Active Together (active-together.org)), the information will be sent through automatically, once ALL fixtures have been played and the local district competition is **complete**.
- SGOs are responsible for representative teams to receive pre event information including; Codes of Conduct, Risk Assessments and format details ahead of participating in a County event. A breach in the Codes of Conduct (see page 4) at a County event will result in action decided by the Event Manager and could result in team withdrawal from an event.

**Outlined on page 6 of this document is the Inspire-Develop-Excel framework structure that will enable more individual young people to represent your school in sport or physical activity at a level that is appropriate to their interests and competencies. Each event has been allocated to a colour, with a description of each strand corresponding to the allocated colour. Please ensure that you are aware of the strand of event and select your teams appropriately.**

For any queries regarding Rules and Formats etc please contact:

**Matt Hackfath:** m.hackfath@active-together.org / 07896764707/ 01509 564867

For any Safeguarding concerns please contact:

**Noel Haines:** n.haines@active-together.org / 01509 564859



# CODE OF CONDUCT

## MOTIVATING YOUNG PEOPLE TO TAKE PART IN SPORT AND PHYSICAL ACTIVITY

### Players:

- Treat all people fairly and with respect regardless of race, background, religious beliefs or gender
- Be a good sport and recognise good play even when it comes from the other team
- Respect the referee, umpire or official's decisions and the rules of the game
- Co-operate with teachers, coaches, volunteers, teammates and opponents
- Control your temper and do not criticise others by words or gestures
- Work to the best of your ability both individually and as a team
- Respect the facility and equipment being used

**LET'S  
GET  
MOVING**

### Parents / Spectators:

- Applaud good performance and effort by your team and the opponents
- Congratulate both teams
- Encourage players to play by the rules and to respect the official's decision
- Never ridicule or criticise young people for making a mistake during a competition, mistakes are part of learning
- Condemn the use of violence in any form, be it by spectators, coaches, teachers, officials or players
- Demonstrate appropriate social behaviour by not using foul language or harassing players, coaches, teachers or officials
- Recognise the value and importance of teachers, volunteer coaches and officials, and show your appreciation
- Let the teacher/coach/official do their job, don't confuse the players by telling them what to do
- Anyone taking photos & videos should familiarise themselves with the photo & video policy displayed at the event

### Coaches / Teachers / Team Managers:

- Show respect to others involved in the game including your players, match officials, opposition players, coaches, managers and spectators
- Compliment both teams on their effort, giving positive and constructive criticism
- Be consistent, objective and courteous in calling infractions
- Don't use inappropriate language, behaviour and violence of any form
- Act as a positive role model, adhere to the rules and teach players to do the same
- Ensure that your behaviour is always consistent with the principles of good sportsmanship
- Place the wellbeing, safety & development of young people before the performance or result
- Encourage players to value their own performance and not just results
- Treat all people fairly and with respect regardless of race, background, religious beliefs or gender
- Use common sense to ensure that the "Spirit of the Games" for young people is not lost by overcalling violations



# Statement of participa- tion



- Active Together is committed to ensuring that young transgender and non-binary people are welcomed, supported and encouraged into sport. We will strive to create the most inclusive and welcoming event possible, for all our young people.
- We will allow young people to self-identify their gender and select the most appropriate class of competition for them.
- Young transgender and non-binary people should be able to use the toilets/changing rooms of their choice.
- Any incident of bullying or harassment toward a young transgender or non-binary person will be dealt with in line with our safeguarding policy.

# ( Inspire – Develop – Excel )

## • INSPIRE

- Encouraging young people to **engage, participate & learn** through **fun** sport & physical activity opportunities that interest and excite them; developing **fundamental & physical literacy** competencies, acquiring **lifelong learning** and promoting **social & emotional wellbeing**.
- CYP focus: *Who or what gets you active?*

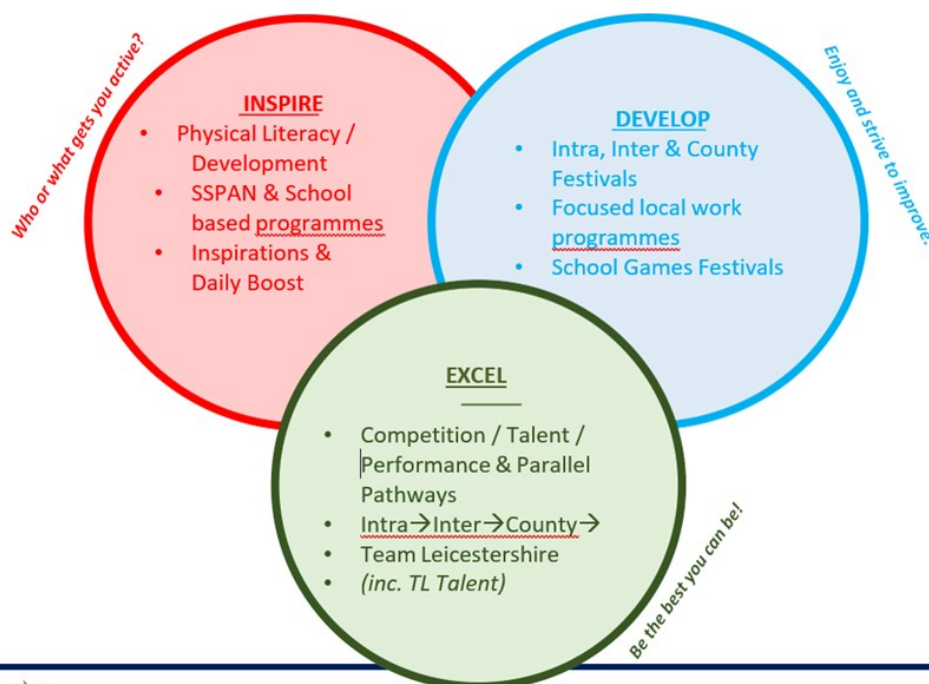
## • DEVELOP

- Giving young people opportunities to **learn & grow key skills** such as **confidence, self belief & determination**, as well as improving their **physiological & psychological skills** in a **fun, safe, supportive** environment that has **key values** at its core & engenders a **lifelong love of movement**.
- CYP focus: *Enjoy and strive to improve.*

## • EXCEL

- Providing opportunities for young people who **aspire** towards further **progression & success** in sport & physical activity; either as an **individual** or as **part of a team**, through **competition structures, talent pathways & performance programmes**.
- CYP focus: *Be the best you can be!*

*NB: All events are highlighted in the appropriate colour as to their allocated strand*







**SCHOOL  
GAMES**



**ACTIVE  
TOGETHER**

# Primary Events

**LET'S GET MOVING**



# PRIMARY VIRTUAL SPORTSHALL ATHLETICS



<b>Year Groups/ Gender</b>	Year 3, 4, 5 and 6 Min 5 Boys & 5 Girls for a Team (Max 40 athletes per spreadsheet entered)
<b>Date / Time</b>	<b>District</b> —Results to be sent to local SSPAN by <b>9.12.22</b> <b>County</b> —All SSPAN results to be sent to Active Together by <b>26.1.23</b>
<b>Venue</b>	<b>VIRTUAL</b>
<b>Format</b>	<p><b><u>2 strands</u></b></p> <p><b>PARTICIPATION (DEVELOP):</b> mass engagement model allowing schools to run “personal best” type intra school event without having to compare their results against any other schools.</p> <p><b>COMPETITION (EXCEL):</b> results must adhere to SHA virtual format and be submitted to SSPANs to be involved the local Level 2 event. Best school from each SSPAN area will then be submitted to LRS for County L3 Final.</p> <p>Official Sportshall Athletics Results formats / spreadsheets will be circulated for schools to enter their results.</p>
<b>Rules</b>	<ul style="list-style-type: none"> <li>• The SHA <b>FREE</b> resource is based around the Sportshall Award scheme and will enable every child to receive their own award.</li> <li>• <b>Each participant will take part in Standing Long Jump, Speed Bounce, Shuttle Run, Vertical Jump and Chest Push.</b></li> <li>• The spreadsheet (enabling the entry of up to 40 children in a class or bubble) will automatically generate a Virtual Competition score based on the Top 5 Boys and Top 5 Girls performances in each of the 5 events.</li> <li>• The Virtual Competition score can then be used to create an area wide League table (possibly with multiple class/bubble submissions from each school).</li> <li>• SHA as an organisation themselves will also be holding a series of National League tables (Y3&amp;4, Y5&amp;6, Y7&amp;8)</li> <li>• Eveque (<a href="http://www.eveque.co.uk">www.eveque.co.uk</a>) will be offering Badges &amp; Certificates to schools and the network at a discounted rate.</li> </ul> <p>Further information available at <a href="http://www.sportshall.org">www.sportshall.org</a></p>
<b>Equipment</b>	Speed bounce mats, basketballs, long jump mats, vertical jump board (or tape measures), cones / markers, stop watch.



# PRIMARY SPORTSHALL ATHLETICS



<b>Year Groups/ Gender</b>	Year 5/6 Mixed
<b>Date / Time</b>	22/4/24 10am– 12.30pm
<b>Venue</b>	<b>Loughborough University</b>
<b>Format</b>	<p>1 competition</p> <p>Introducing athletics competition in a fun team based format. Large team format permitting a maximum of 15 girls and 15 boys, minimum 9 girls and 9 boys.</p>
<b>Rules</b>	<p>Exciting range of relays and six field events. Athletes able to complete a maximum of two track and two field events.</p> <p>Full resources including competition format, running order, team declaration sheets, scoring support and comprehensive rules and guidance notes may be found at <a href="http://www.sportshall.org">www.sportshall.org</a></p> <p>Track events; Obstacle Relay, 1+1 Lap Relay, 2+2 Lap Relay, 6 Lap Paarlauf, 4x1 Lap Over / Under Relay, 4x1 Lap Relay. Field events; Chest Push, Speed Bounce, Standing Long Jump, Standing Triple Jump, Vertical Jump, Soft Javelin.</p> <p>Further information available at <a href="http://www.sportshall.org">www.sportshall.org</a></p>
<b>Equipment</b>	Reversa boards, speed bounce mats, basketballs, long jump and triple jump mats, relay batons, hurdles, roll out measuring mats, soft javelins, gym mats.

**LET'S GET MOVING**

# Key Stage 2 PARALLEL (Pan-Disability) SPORTSHALL ATHLETICS



<b>Year Groups / Gender</b>	Key Stage 2 Open Mixed
<b>Date / Time</b>	25th April 2024, 9.30am—2.30pm
<b>Venue</b>	<b>Loughborough University (Part of Para Fest)</b>
<b>Format</b>	1 competition min of 5, max of 8 in a team 6 events for participants to rotate round; standing long jump (or wheel push), target throw, speed bounce, hi-stepper, javelin, chest push.
<b>Rules</b>	Sent out after entry.
<b>Equipment</b>	Sportshall Athletics equipment, including many adapted events. All equipment provided by the Leicestershire Disability Athletics Development Group.

## PLEASE NOTE:

Other appropriate events available...

Parallel Cross Country Championships (open KS2): 13th March @ Maplewell Hall School, 12.30-2.15pm

KS2 Parallel Quadkids Athletics: TBC @ Saffron Lane, 9.30am-2.30pm



# BOCCIA

## Key Stage 2 PAN Disability



<b>Year Groups</b>	Key Stage 2 PAN Disability
<b>Gender</b>	Open Mixed
<b>Date / Time</b>	25/4/2024
<b>Venue</b>	<b>Loughborough University (Part of Para Fest)</b>
<b>Format</b>	1 competition Squad of 6-8 players but 3 players on court at any one time. Disability Classification: SLD, Physical Disabilities, MLD
<b>Rules</b>	<p>Red side always starts the first end by propelling the jack into court. The captain chooses the player on their side to play the jack. The jack ball must cross the 'V' line to be in play.</p> <p>The player who propels the jack ball also plays their team's first coloured ball. A player from the opposing side then propels their first coloured ball.</p> <p>The side not closest to the jack must play until they either manage to get closer to the jack, or run out of balls. The side with remaining balls then propels them.</p> <p>The end is completed when all balls from both sides have been played.</p> <p>The end is scored by awarding one point for every ball of the same colour closer to the jack than the nearest opposing coloured ball.</p> <p>Blue side then starts the second end.</p> <p>After both ends have been completed the winning side is the team with the higher accumulative score from both ends</p>
<b>Equipment</b>	Boccia balls and Chairs

# New Age Kurling KS2 PAN Disability



<b>Year Groups / Gender</b>	Teams of four (male, female or mixed),
<b>Date / Time</b>	25/4/2024
<b>Venue</b>	<b>Loughborough University (Part of Para Fest)</b>
<b>Format</b>	<ul style="list-style-type: none"> <li>• Teams will consist of four players.</li> <li>• Games take place on a badminton court sized area.</li> <li>• Each player delivers stones corresponding to their team colour, red or blue, towards the target at the opposite end of the court.</li> <li>• Each game consists of either four or six ends. An end is completed when all eight stones have been played.</li> <li>• Teams take it in turns to deliver the first stone of an end.</li> <li>• The individual/team going first in the first end should be determined by a toss of a coin/agreement between schools.</li> </ul>
<b>Rules</b>	<ul style="list-style-type: none"> <li>• Stones can be propelled using any part of the body or using a pusher, providing that the player is behind the delivery line on releasing the stone.</li> <li>• A team scores one point for each stone that is closer to the centre than any opposition stone.</li> <li>• At the completion of four/six ends, the points scored on each end are added together. The individual/team with the highest total score wins.</li> <li>• For league competitions, score three points for a win and one point each for a draw. Use stones difference to separate tied teams — e.g. if a team wins 9-4 the stones difference for that game will be +/- 5.</li> </ul>
<b>Equipment</b>	New Age Kurling stones, pusher (if required), Target mat, Badminton court/similar sized area





**SCHOOL  
GAMES**



**ACTIVE  
TOGETHER**

# Secondary Events

**LET'S GET MOVING**



# SECONDARY SPORTSHALL ATHLETICS Boys & Girls



<b>Year Groups / Gender</b>	Y7 Boys, Y7 Girls, Y8 Boys, Y8 Girls 8 athletes per team
<b>Date / Time</b>	22/4/24: 1.30pm– 4.30pm
<b>Venue</b>	<b>Loughborough University</b>
<b>Format</b>	<p>4 competitions</p> <p>Team Requirements - Schools may enter Year 7 Girls and Boys teams &amp; Year 8 Girls and Boys teams</p> <p>Each athlete may compete in a maximum of three track events and two field events.</p> <p>Individual Events</p> <p>2 Lap Individual A &amp; B Race [Boys x2 / Girls x2] 4 Lap Individual A &amp; B Race [Boys x2 / Girls x2] 6 Lap Individual Race [Boys x1 / Girls x1]</p> <p>Pairs Events</p> <p>8 Lap Paarlauf (each athlete completes a chosen number of laps) [Boys x2 / Girls x2]</p> <p>Relays (4 athletes per team)</p> <p>4X1 Lap Sprint Relay (each athlete completes 1 lap) [Boys x4 / Girls x4] 4X2 Lap Sprint Relay (each athlete completes 2 laps) [Boys x4 / Girls x4]</p> <p>Field Events</p> <p>Standing Long Jump [Boys x2 / Girls x2] Standing Triple Jump [Boys x2 / Girls x2] Vertical Jump [Boys x2 / Girls x2] Shot [Boys x2 / Girls x2] Speed Bounce (30 seconds) [Boys x2 / Girls x2]</p> <p>For 2 and 4 Lap Individual Races, there will be an A race and B race and each team will need to put one runner in each race</p>
<b>Rules</b>	<p>Each team must be accompanied by at least one teacher or team manager, who will be fully responsible for the team at all times. The event will take the form of an enjoyable team and individual based multi-event competition incorporating all-round skills rather than early specialisation. It has been designed as an indoor competition with all events being carried out in the same format and to the same rules - set out by the Sportshall Athletics Association. To ensure the ethics of Fair Play, time penalties, rather than disqualification will be enforced on any athlete / team breaking the rules.</p>
<b>Equipment</b>	SReversa Boards, Long Jump mat, Speed Bounce mat, Shot, Vertical Jump board, marker cones

# PARALLEL (Pan-Disability) SPORTSHALL ATHLETICS KS3 & KS4/5 Mixed



<b>Year Groups / Gender</b>	Key Stage 3 and Key Stage 4/5 Open Mixed
<b>Date / Time</b>	8th Dec 2023, 10am—2.15pm
<b>Venue</b>	<b>Aylestone Leisure Centre</b>
<b>Format</b>	2 competitions min of 5, max of 8 in a team 6 events for participants to rotate round; standing long jump (or wheel push), target throw, speed bounce, hi-stepper, javelin, chest push.
<b>Rules</b>	Sent out after entry.
<b>Equipment</b>	Sportshall Athletics equipment, including many adapted events. All equipment provided by the Leicestershire Disability Athletics Development Group.

## PLEASE NOTE:

Other appropriate events available...

- Parallel Cross Country Championships (open KS3-5): 13th March 2023
- 11+ Disability Athletics Festival: 9th May 2023 @ Saffron Lane, 9.30am-2.15pm

**LET'S GET MOVING**

# BOCCIA

## Key Stage 3 & 4, MLD & SLD



<b>Year Groups</b>	Key Stage 3 MLD, Key Stage 3 SLD Key Stage 4 MLD, Key Stage 4 SLD
<b>Gender</b>	Open Mixed
<b>Date / Time</b>	April 25th 2024
<b>Venue</b>	<b>Loughborough University— Part of Para Fest</b>
<b>Format</b>	<p>4 competitions Squad of 3-6 players but 3 players on court at any one time. Disability Classification: SLD, Physical Disabilities, MLD</p> <p>There are various options of eligibility for this through the Special Schools Boccia League: Option 1 – Liaise with your special school to establish if they are competing in the Schools League – this could be your School Games team Option 2 – If 2 SSP teams competing with the league, the top placed team can represent your SSP at the School Games Option 3 – If no school from SSP involved in the league, local selection to take place through SGO.</p>
<b>Rules</b>	<p>Red side always starts the first end by propelling the jack into court. The captain chooses the player on their side to play the jack. The jack ball must cross the 'V' line to be in play.</p> <p>The player who propels the jack ball also plays their team's first coloured ball. A player from the opposing side then propels their first coloured ball.</p> <p>The side not closest to the jack must play until they either manage to get closer to the jack, or run out of balls. The side with remaining balls then propels them.</p> <p>The end is completed when all balls from both sides have been played.</p> <p>The end is scored by awarding one point for every ball of the same colour closer to the jack than the nearest opposing coloured ball.</p> <p>Blue side then starts the second end.</p> <p>After both ends have been completed the winning side is the team with the higher accumulative score from both ends</p>
<b>Equipment</b>	Boccia balls and Chairs





# Summer Festival

*Date: 27/6/24*

*Venue: Loughborough University*



**LET'S GET MOVING**



# QUADKIDS ATHLETICS

## Year 3/4 & Year 5/6 Mixed



<b>Year Groups / Gender</b>	Year 3/4 & Year 5/6 Mixed
<b>Date / Time</b>	27/6/24 9am-3.30pm
<b>Venue</b>	<b>Loughborough University</b>
<b>Format</b>	<p>2 competitions Four or five boys and four or five girls compete as a team.</p> <p>There are four events; 50m (Y3/4) /75m sprint (Y5/6) 400m (Y3/4) /600m run (Y5/6) Mini vortex howler throw Standing long jump</p>
<b>Rules</b>	<p>The four events take place in a rotational sequence. Each athlete is placed in a pool and competes in all events. Individual performances (times and distances) are scored using a points table (the Quadkids spreadsheet calculates the points automatically).</p> <p>The scores of the top four boys and top four girls over the four events are added together to give the team score and the team with the highest cumulative points score wins.</p> <p>More than one team can be entered from each school (at level 2) Specimen timetables, track and field cards, declaration forms, competition manual and scoring spreadsheet are available from the QuadKids website. <a href="http://www.quadkids.org">www.quadkids.org</a></p>
<b>Equipment</b>	Mini vortex howlers, standing long jump mat, stopwatches

**LET'S GET MOVING**

# QUICKSTICKS HOCKEY Year 5/6



<b>Year Groups</b>	Year 5/6
<b>Gender</b>	Mixed -stipulation of two girls in a team and one girl to be on court at all times (team sheets may be requested prior to this event)
<b>Date / Time</b>	27/6/24 9am-3.30pm
<b>Venue</b>	<b>Loughborough University</b>
<b>Format</b>	<p>6 players in a team—four outfield players and two officials, there are no goalkeepers in quicksticks.</p> <p>Introduction of umpiring and officiating the sport of hockey.</p> <p>Three periods of play to allow all players to take on officiating roles. 3 x 7 minutes playing period, with 2 minute intervals.</p> <p>A Match Official (teacher, parent, coach, young leader) has overall responsibility for the game as well as supporting the players to undertake umpire and score keeping roles.</p> <p>The Umpire (one player from each team) shall attempt the rules as outlined below.</p> <p>The Manager/Coach (one player from each team) shall keep the score, attempt to observe the game and help the team with basic tactics. Umpire and Manager/Coach rotate after each playing period.</p>
<b>Rules</b>	<p>A Centre Pass starts a game alternating between the teams and at the start of each period, with all players in their half, 3 meters from the ball.</p> <p>A penalty goal is awarded if a defending player deliberately stops the ball crossing the goal-line with their feet or body.</p> <p>A Free Pass is taken from where the offence occurs, opposing players must be 3 meters away from the ball. The Free Pass taker can only touch the ball once before it is touched by another player.</p> <p>A Free Pass is awarded when;</p> <p>The ball crosses the side line; taken from where the ball left the pitch.</p> <p>The ball crosses the back line by the attacking team; taken from the top of the shooting circle in line with the centre spot, attacking team in defending third of Pitch.</p> <p>The ball crosses the back line by the defending team; taken from corner on the side of the goal the ball crossed the line.</p> <p>A player kicks, propels, picks up, throws or carries the ball (it is not an offence if the ball touches the players foot, only if it breaks down play or creates a disadvantage.)</p> <p>Attempts to play a ball above the knee with a stick.</p> <p>Uses the (rounded) back side of the stick.</p> <p>Whilst striking the ball, causes any actual or possible danger to themselves or other players.</p> <p>Obstructs by running between the ball and opponent.</p> <p>Holds, kicks, pushes, intentionally trips or strikes any player or umpire.</p> <p><a href="http://www.playquicksticks.co.uk/">www.playquicksticks.co.uk/</a></p>
<b>Equipment</b>	<p>Mini samba or pop-up goals</p> <p>Normal Hockey sticks or quicksticks. The ball is oversized and lightweight.</p> <p><b><u>Shin pads and mouth guards are STRONGLY ADVISED</u></b></p>

# NETBALL

## Year 5/6



<b>Year Groups</b>	Year 5/6
<b>Gender</b>	Mixed (stipulations below)
<b>Date / Time</b>	27/6/24 9am-3.30pm
<b>Venue</b>	Loughborough University
<b>Format</b>	<p>1 competition</p> <p>Bee Netball Rules :</p> <p>Five players on court. (max 2 boys)</p> <p><b>Nine players should make up a squad.</b></p> <p>All courts will be outdoors (unless otherwise informed)</p> <p>Normal court markings.</p> <p>2.74m (9ft) post.</p> <p>Pass or shoot within four seconds.</p> <p>Player rotation – schools will rotate positions at the start of each game and at half-time.</p>
<b>Rules</b>	<p>Sign up to Bee Netball via <a href="https://www.englandnetball.co.uk/play/bee-netball/">https://www.englandnetball.co.uk/play/bee-netball/</a> You will then be able to download the rules, rotation sheets, score sheets and other useful resources for Bee Netball.</p> <p>Schools MUST use the England Netball Bee Netball Rotations only.</p> <p>England Netball will be looking to support SGOs and schools to upskill themselves over the course of the year.</p> <p>SGOs will be kept up to date with the progress of this, so for more information please keep in touch with your local SSPAN.</p>
<b>Equipment</b>	Netballs, netball posts set at 9ft



# SPORTSABILITY

## KS2 Mixed Pan Disability



<b>Year Groups / Gender</b>	Year 3/4/5/6 Mixed (Open)
<b>Date / Time</b>	27/6/24 9am-3.30pm
<b>Venue</b>	Loughborough University
<b>Format</b>	<p>1 event Pupils from Year 3/4/5/6 Teams of up to 8 (min 6) — ideally mix of girls and boys but it is open.</p> <p>This is a Pan Disability event. Any young person with a learning, physical or sensory impairment and those young people on SEN registers are eligible to enter.</p> <p>Competition will include a circuit of Boccia, Kurling and Multi-skills.</p>
<b>Rules</b>	<p>Further information will be available on confirmation of event Details</p> <p>*please inform your SGO if any participants have any specific requirements Active Together need to be aware of</p>
<b>Equipment</b>	Boccia sets, Kurling sets, various equipment

# Inspire Celebration Carousel



<b>Year Groups</b>	Y3/4 & Y5/6
<b>Gender</b>	Mixed (minimum of 4 Girls/Boys in a team of 10)
<b>Date / Time</b>	27/6/24 9am-3.30pm
<b>Venue</b>	Loughborough University
<b>Format</b>	<p>Encouraging young people to <b>engage, participate and learn</b> through <b>FUN</b> sport and physical activity opportunities that interest and excite them; developing <b>fundamental &amp; physical literacy competences</b>, acquiring <b>lifelong learning</b> and promoting <b>social and emotional wellbeing</b>.</p> <p>Teams/individuals will be invited to attend by their SGO through their engagement with local district programmes, or by Active Together through their engagement in the Inspire offer.</p>
<b>Rules</b>	<p>Further information will be available on confirmation of event details</p> <p>*please inform your SGO if any participants have any specific requirements Active Together need to be aware of</p>
<b>Equipment</b>	Will be provided on the day

**LET'S GET MOVING**

