



# Team Leicestershire Netball Handbook

Key Information  
Rules and Formats

2023/24



# Welcome

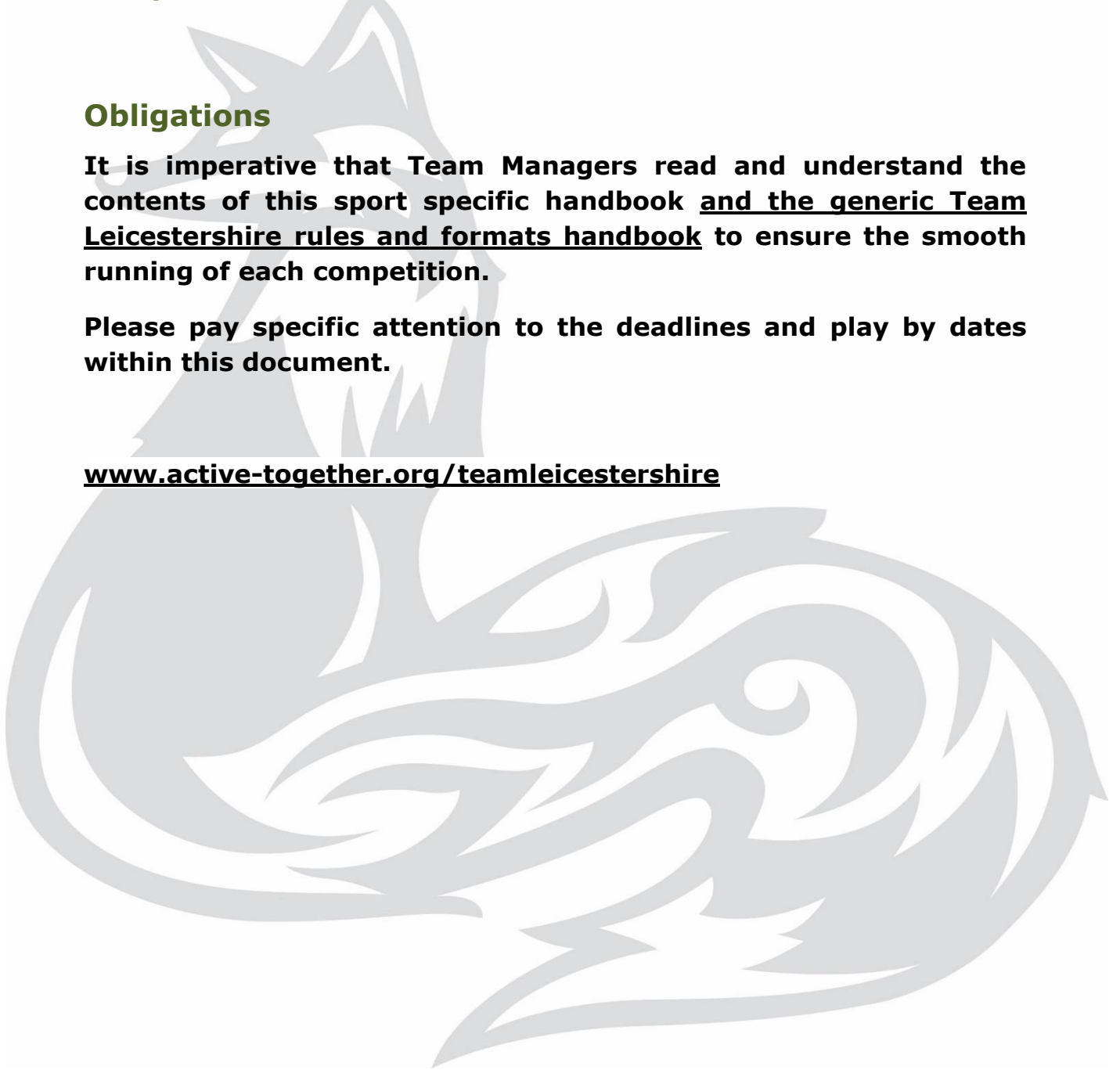
**Welcome to the 2023/24 Team Leicestershire Netball Season. All sport-specific information, rules, formats and age groups are included within this handbook. For additional Team Leicestershire information, overarching rules and processes, please also ensure that you refer to the 2023/24 Team Leicestershire handbook.**

## **Obligations**

**It is imperative that Team Managers read and understand the contents of this sport specific handbook and the generic Team Leicestershire rules and formats handbook to ensure the smooth running of each competition.**

**Please pay specific attention to the deadlines and play by dates within this document.**

**[www.active-together.org/teamleicestershire](http://www.active-together.org/teamleicestershire)**



# Association Committee

## Chair

 **Kathy Stripp**

## Treasurer

 **Lisa Parkes**

## Secretary

 **Tora Wilson**

## Schools sub-committee members

 **Keeley Parbery**

 **Charlotte Calland**

 **Val Kindred**

## Contact details

Should you wish to contact a representative of the Association, please use the following contact details:

**Kathy Stripp**      [lcnachair@gmail.com](mailto:lcnachair@gmail.com)

# Rules and Formats

## Age groups

Year 7

Year 8

Year 10

## Rules and Regulations of Team Leicestershire Netball

### 1. Rules of the Game

All games will be played to the IFNA rules of the game

<http://www.netball.org/netball/the-rules-of-netball>

### 2. Playing Qualification

All teams need to have membership to Team Leicestershire

### 3. Age Banding

Players should not play in a lower age group to their academic school year

Players can only play in one age group per season across Team Leicestershire and National Schools Netball Competition.

### 4. Squad Members

Maximum of 12 players in a squad

7 players selected for the team

Minimum of 5 players must take to the court to constitute a match

### 5. Format

Each member school will play each other once in their league

Venue to be agreed by both teachers

10 minute per quarter games which may be reduced with the agreement of both teachers (not increased)

### 6. Results

Each individual teacher is responsible for entering their own results on the **Team Leicestershire community of the Virtual Together app** (see further information at the end of this handbook RE: links and user guides)

### 7. Forfeited Games

Games must be cancelled by 1pm of the agreed date

The non-offending team will be allocated 10 – 0 win with points accordingly

### 8. Special Regulations

See Domestic Rules Guidance at [www.LCNA.co.uk](http://www.LCNA.co.uk)

Any queries contact Leicestershire Netball at [lcnachair@gmail.com](mailto:lcnachair@gmail.com)

# Key Dates

**Area competitions must be completed by Fri 1<sup>st</sup> Dec 2023**

**Quarter Finals must be completed by Fri 22<sup>nd</sup> Dec 2023**

**Semi Finals must be completed by Fri 19<sup>th</sup> Jan 2024**

**Finals night – 29<sup>th</sup> Jan 2024 @ L'Boro Uni Netball Centre 5-8pm  
(actual start times to be confirmed)**

## Website / Virtual Together App

**The Team Leicestershire programme is centrally managed through our Virtual Together app (*powered by Playwaze*)**

[Team Leicestershire | Active Together \(active-together.org\)](https://www.active-together.org)

<https://www.playwaze.com>

**Schools are responsible for uploading their own results and monitoring & evaluation data to the Virtual Together app, which will result in the smooth running of each competition. Initial team & competition entry is done via the web platform, then all competitions, fixtures and result input are subsequently available via the Virtual Together mobile app.**

**The transition to the Team Leicestershire mobile app will hopefully make elements such as M&E & result upload quicker and easier for staff involved as well as allowing young people and parents to follow their teams' fortunes throughout the competitions.**

**All user guides can be found on the Team Leicestershire website:**

**[www.active-together.org/teamleicestershire](https://www.active-together.org/teamleicestershire)**

